

City of Norwich Race4EACH 5K 2008

30th November 2008

RESULTS

Pos	Bib	Time	Name	Club	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	164	00:16:51	Tom Francis		Male	1	M	1	00:16:48	1
2	186	00:17:41	Kevin Sharman	Lowestoft Road Runners	Male	2	M40	1	00:17:38	2
3	70	00:17:54	Fraser Heasman		Male	3	M	2	00:17:51	3
4	14	00:17:55	Paul Martin		Male	4	M	3	00:17:52	4
5	118	00:17:55	Mark Haynes	Coltishall Jaguars	Male	5	M	4	00:17:53	5
6	63	00:18:21	Micah Rogers	City of Norwich AC	Male	6	M	5	00:18:19	7
7	131	00:18:22	Harry Barker		Male	7	M	6	00:18:17	6
8	180	00:18:30	Jason Higgins	Thetford AC	Male	8	M	7	00:18:27	8
9	71	00:18:32	James Birch	Wymondham AC	Male	9	M40	2	00:18:32	11
10	205	00:18:34	Dave Ledward	Tri Anglia	Male	10	M40	3	00:18:31	9
11	61	00:18:35	Jack Houghton	North Norfolk Beach Runners	Male	11	M	8	00:18:32	12
12	100	00:18:35	Darren Edridge	Coltishall Jaguars	Male	12	M40	4	00:18:32	10
13	114	00:18:35	Steve Bates	Coltishall Jaguars	Male	13	M	9	00:18:33	13
14	73	00:18:40	Sean Jermy	Great Yarmouth & District AC	Male	14	M	10	00:18:38	15
15	128	00:18:43	Cameron Panting		Male	15	M	11	00:18:37	14
16	235	00:19:00	Jack Harrison		Male	16	M	12	00:18:58	16
17	120	00:19:07	Jonathan Mead		Male	17	M	13	00:19:04	17
18	115	00:19:23	Alice Burgin	Bedford & County AC	Female	1	F	1	00:19:21	18
19	6	00:19:30	Phillip Waity	Thetford AC	Male	18	M	14	00:19:27	19
20	90	00:19:35	Joseph Kirton	Thetford AC	Male	19	M	15	00:19:33	20
21	119	00:19:44	Jordan Greenwood		Male	20	M	16	00:19:41	21
22	147	00:19:52	Harry Young		Male	21	M	17	00:19:48	22
23	169	00:20:09	Matthew Dickens	North Norfolk Beach Runners	Male	22	M	18	00:20:06	23
24	237	00:20:14	Joshua Hannon		Male	23	M	19	00:20:10	24
25	236	00:20:19	Joe Benham		Male	24	M	20	00:20:15	25
26	212	00:20:25	Michael Doust		Male	25	M	21	00:20:21	26
27	121	00:20:27	Megan Norry		Female	2	F	2	00:20:22	27
28	162	00:20:27	Lucy Tyler		Female	3	F	3	00:20:23	28
29	47	00:20:28	Steve Bird	City of Norwich AC	Male	26	M40	5	00:20:24	29
30	99	00:20:29	Graham Hardingham	Norfolk Gazelles RC	Male	27	M45	1	00:20:26	30
31	132	00:20:35	Harry Neale		Male	28	M	22	00:20:30	31
32	129	00:20:55	Marcus Boast		Male	29	M	23	00:20:48	32
33	15	00:20:58	Lewis Mcconville		Male	30	M	24	00:20:52	33
34	173	00:21:01	Matt Frary		Male	31	M	25	00:20:57	34
35	112	00:21:04	Ollie Burt		Male	32	M	26	00:21:01	35
36	141	00:21:06	Jonathan Reader	Coltishall Jaguars	Male	33	M	27	00:21:02	36
37	207	00:21:14	Matthew Pask	Norwich Road Runners	Male	34	M40	6	00:21:08	37
38	2	00:21:17	Gavin Thouless	Norwich Road Runners	Male	35	M40	7	00:21:12	38
39	172	00:21:22	Laura Ramsay		Female	4	F	4	00:21:17	39
40	238	00:21:25	James Andrews		Male	36	M	28	00:21:24	41
41	91	00:21:26	Emily Baker	West Suffolk AC	Female	5	F	5	00:21:21	40
42	174	00:21:35	Simon Page	North Norfolk Beach Runners	Male	37	M	29	00:21:25	42
43	109	00:21:55	Frankie Turner		Female	6	F	6	00:21:51	43
44	210	00:21:56	Terry Rigby	St Edmund Pacers	Male	38	M40	8	00:21:51	44
45	48	00:22:02	Luke Seery	Ramsey Road Runners	Male	39	M	30	00:21:59	45
46	127	00:22:17	Alex Clemmett		Male	40	M	31	00:22:10	46
47	188	00:22:19	Michelle Bull	Norwich Road Runners	Female	7	F	7	00:22:14	47
48	136	00:22:24	James Webb		Male	41	M	32	00:22:21	49
49	57	00:22:24	Emily Hannant	Coltishall Jaguars	Female	8	F	8	00:22:20	48
50	72	00:22:33	Collin Alford		Male	42	M45	2	00:22:26	50
51	208	00:22:40	Adam Craske		Male	43	M	33	00:22:33	51
52	95	00:22:45	Francesca Upton		Female	9	F	9	00:22:42	52
53	200	00:22:49	Corrina Smith	Thetford AC	Female	10	F40	1	00:22:43	53
54	157	00:22:52	Ben Mann		Male	44	M	34	00:22:48	55
55	144	00:22:55	Andrew Cooper	City of Norwich AC	Male	45	M	35	00:22:46	54
56	178	00:23:00	Larry Pendleton		Male	46	M50	1	00:22:55	56
57	137	00:23:09	Tom Webb		Male	47	M	36	00:22:59	57
58	117	00:23:18	Alison Horner	Coltishall Jaguars	Female	11	F	10	00:23:13	58
59	185	00:23:28	David Whitehead		Male	48	M45	3	00:23:21	59
60	80	00:23:33	Rachel Toms	Thetford AC	Female	12	F	11	00:23:26	60
61	89	00:23:35	Dave Hutcheon	Coltishall Jaguars	Male	49	M60	1	00:23:30	61
62	168	00:23:44	Caroline Dickens	North Norfolk Beach Runners	Female	13	F	12	00:23:37	62
63	158	00:23:51	Anthony Charles Brookes		Male	50	M60	2	00:23:41	63
64	211	00:23:55	Sherilyn Rigby	St Edmund Pacers	Female	14	F	13	00:23:50	64
65	163	00:24:01	Krishan Pilch		Male	51	M	37	00:23:57	65
66	177	00:24:10	Jonathan Price		Male	52	M	38	00:24:02	66
67	214	00:24:20	Anne Ellen	Norfolk Gazelles RC	Female	15	F50	1	00:24:14	68
68	43	00:24:24	James Smith		Male	53	M45	4	00:24:19	69
69	217	00:24:28	Adrian Allen		Male	54	M	39	00:24:13	67
70	133	00:24:31	Craig Kiddell		Male	55	M	40	00:24:26	70
71	92	00:24:47	Paul Minns		Male	56	M40	9	00:24:38	72
72	194	00:24:49	Tom Marshall	Norfolk Gazelles RC	Male	57	M	41	00:24:38	71
73	191	00:24:50	Julie Sheldrick		Male	58	M	42	00:24:39	73
74	139	00:24:54	John Sellgren		Male	59	M45	5	00:24:41	74
75	110	00:25:03	Ellie Blaxell		Female	16	F	14	00:24:58	76
76	12	00:25:03	Philip Neave	Bungay Black Dog RC	Male	60	M60	3	00:24:53	75
77	161	00:25:14	Thomas William Weight		Male	61	M50	2	00:25:07	77
78	68	00:25:16	Lucy-Nicola Wright	Wymondham AC	Female	17	F	15	00:25:09	78
79	183	00:25:19	Neil Templeton		Male	62	M40	10	00:25:11	79
80	88	00:25:22	Brenda Hutcheon	Coltishall Jaguars	Female	18	F60	1	00:25:16	81

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Pos	Bib	Time	Name	Club	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
81	83	00:25:24	Isaac Rolfe		Male	63	M	43	00:25:15	80
82	45	00:25:29	Steve Fox		Male	64	M	44	00:25:18	82
83	79	00:25:36	Nicole Beck		Female	19	F	16	00:25:32	84
84	215	00:25:37	Catharine Carfoot	Triathlon Essex	Female	20	F	17	00:25:29	83
85	116	00:25:46	Michael Persich		Male	65	M50	3	00:25:36	85
86	8	00:26:06	Frances Mullany	City of Norwich AC	Female	21	F	18	00:25:57	86
87	62	00:26:09	Charlotte Houghton		Female	22	F	19	00:25:58	87
88	122	00:26:13	Danny Pidd		Male	66	M	45	00:26:10	88
89	96	00:26:21	Matthew Harris		Male	67	M	46	00:26:16	91
90	197	00:26:22	Naomi Tyler		Female	23	F	20	00:26:13	90
91	193	00:26:22	Alison Coad	Norfolk Gazelles RC	Female	24	F45	1	00:26:11	89
92	41	00:26:25	Mark Fairhead		Male	68	M45	6	00:26:19	92
93	151	00:26:38	Lynett Lee		Female	25	F	21	00:26:27	93
94	26	00:26:47	Karen Alford		Female	26	F45	2	00:26:39	94
95	111	00:27:13	Charlotte Eastwood		Female	27	F	22	00:27:08	95
96	113	00:27:15	Rosie Rowbotham		Female	28	F	23	00:27:09	96
97	10	00:27:48	Louise Chapman		Female	29	F	24	00:27:42	97
98	36	00:27:50	Susan Farrow		Female	30	F	25	00:27:42	98
99	18	00:27:51	Zoe Matthews		Female	31	F	26	00:27:45	99
100	213	00:27:58	Lydia Doust		Female	32	F	27	00:27:53	101
101	209	00:28:02	Lucy Chapman	Diss AC	Female	33	F	28	00:27:50	100
102	239	00:28:08	Charlotte Mercer		Female	34	F	29	00:27:55	102
103	56	00:28:18	Kate Goodley		Female	35	F	30	00:28:08	104
104	69	00:28:18	Phillip Speakman		Male	69	M	47	00:28:09	106
105	150	00:28:21	Chris Truman		Male	70	M	48	00:28:11	107
106	240	00:28:21	Patrick Mercer		Male	71	M	49	00:28:07	103
107	53	00:28:24	Victoria Carter		Female	36	F	31	00:28:16	108
108	28	00:28:25	Sue Cooper		Female	37	F45	3	00:28:09	105
109	81	00:28:30	Lisa Hawes		Female	38	F	32	00:28:23	110
110	203	00:28:31	Paul Hawes		Male	72	M	50	00:28:23	111
111	29	00:28:34	Penny Carter		Female	39	F45	4	00:28:18	109
112	182	00:28:45	Roxanne Downes	Ipswich Jaffa	Female	40	F45	5	00:28:37	112
113	9	00:28:52	Charles Fenech		Male	73	M60	4	00:28:44	113
114	40	00:29:07	Fiona Martin		Female	41	F40	2	00:28:51	114
115	13	00:29:12	Melissa Sherwood		Female	42	F	33	00:29:06	115
116	179	00:29:24	Luke Shearman		Male	74	M	51	00:29:11	116
117	21	00:29:24	Sarbjit Gosal		Male	75	M	52	00:29:19	118
118	206	00:29:32	Dan Kelly		Male	76	M45	7	00:29:18	117
119	76	00:29:40	Christopher Chapman	City of Norwich AC	Male	77	M	53	00:29:32	119
120	175	00:29:55	Ellen Robinson		Female	43	F60	2	00:29:49	121
121	94	00:29:57	Claire Bewick		Female	44	F	34	00:29:44	120
122	42	00:30:05	Melanie Budd		Female	45	F45	6	00:29:59	122
123	3	00:30:11	Colin Thouless	Norwich Road Runners	Male	78	M65	1	00:30:04	123
124	60	00:30:23	Tracey Tutt		Female	46	F	35	00:30:14	124
125	102	00:30:25	Connie Gooch		Female	47	F	36	00:30:22	125
126	216	00:30:35	Rebecca Chapman		Female	48	F	37	00:30:27	127
127	46	00:30:42	Tracy Waters		Female	49	F40	3	00:30:27	126
128	51	00:30:46	Mark Taylor		Male	79	M40	11	00:30:33	128
129	86	00:30:52	Fiona Cooper		Female	50	F	38	00:30:40	129
130	87	00:30:58	Amanda Coppins		Female	51	F	39	00:30:45	130
131	187	00:31:11	Helen Chatten		Female	52	F40	4	00:31:00	131
132	23	00:31:16	Anne Richardson		Female	53	F50	2	00:31:03	132
133	176	00:31:17	Shakiba Mohseni		Female	54	F	40	00:31:08	133
134	160	00:31:19	Dave Edwards		Male	80	M55	1	00:31:11	134
135	20	00:31:30	Sukvinder Kaur Gosal		Female	55	F	41	00:31:25	137
136	152	00:31:34	Kev Driver		Male	81	M40	12	00:31:18	135
137	54	00:31:36	Rachael Thompson		Female	56	F	42	00:31:31	141
138	55	00:31:36	Karen Edwards		Female	57	F	43	00:31:31	140
139	126	00:31:38	Kirsten Body		Female	58	F	44	00:31:25	138
140	124	00:31:39	Chloe Smith		Female	59	F	45	00:31:25	136
141	85	00:31:42	Rebecca Wooderson		Female	60	F	46	00:31:27	139
142	52	00:31:42	Jay Dixon-king		Female	61	F	47	00:31:32	142
143	154	00:31:52	Anna Lipp		Female	62	F45	7	00:31:43	143
144	155	00:31:52	Victoria Lipp		Female	63	F	48	00:31:43	144
145	153	00:32:20	Alexandra Pearce	Norwich Road Runners	Female	64	F40	5	00:32:08	145
146	66	00:32:43	Sylvia Hopwood		Female	65	F40	6	00:32:35	148
147	67	00:32:43	Hazel Hatton		Female	66	F40	7	00:32:35	147
148	17	00:32:43	Leanne Chandler		Female	67	F	49	00:32:37	149
149	11	00:32:43	Andrew Devaney		Male	82	M40	13	00:32:29	146
150	16	00:32:44	Jennifer Linett		Female	68	F	50	00:32:38	150
151	201	00:32:56	Jenni Carberry		Female	69	F	51	00:32:40	151
152	184	00:33:00	Nela Hemmings	David Lloyd	Female	70	F60	3	00:32:53	153
153	27	00:33:00	Cathie Davies		Female	71	F45	8	00:32:45	152
154	39	00:33:05	Katherine Garwood		Female	72	F	52	00:32:56	155
155	84	00:33:08	Anna Morrisey		Female	73	F	53	00:32:56	154
156	140	00:33:08	Rachel Hunt		Female	74	F	54	00:32:56	156
157	143	00:33:17	Nick Gooch		Female	75	F45	9	00:33:04	157
158	189	00:33:28	Emma Burley		Female	76	F	55	00:33:17	158
159	190	00:33:28	Gareth Flack		Male	83	M	54	00:33:18	160
160	58	00:33:30	Abby Dillon		Female	77	F	56	00:33:18	159

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Pos	Bib	Time	Name	Club	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
161	125	00:33:32	Abbey Howe		Female	78	F	57	00:33:18	161
162	123	00:33:32	Holly Slater		Female	79	F	58	00:33:19	162
163	146	00:33:48	Roger Caswell		Male	84	M55	2	00:33:34	163
164	145	00:33:48	John McLeod		Male	85	M60	5	00:33:34	164
165	34	00:34:04	Jaine Keeble		Female	80	F	59	00:33:58	165
166	104	00:34:05	Karla Lowe		Female	81	F	60	00:34:02	166
167	77	00:34:26	Sally Highfield		Female	82	F55	1	00:34:11	167
168	106	00:34:27	Jonathan Sinden		Male	86	M	55	00:34:18	168
169	105	00:34:27	Ruthe Burke		Female	83	F	61	00:34:19	169
170	138	00:34:30	Josh Peck		Male	87	M	56	00:34:27	170
171	103	00:34:33	Chloe Trench		Female	84	F	62	00:34:29	171
172	4	00:34:56	Sallie Hardman		Female	85	F40	8	00:34:39	172
173	35	00:34:57	Lisa Potter		Female	86	F	63	00:34:43	173
174	159	00:35:06	Tracy Margaret Edwards		Female	87	F	64	00:34:58	174
175	44	00:35:36	Mary Chapman	Kimberworth Striders	Female	88	F65	1	00:35:28	176
176	93	00:35:39	Gillian Bewick		Female	89	F45	10	00:35:26	175
177	74	00:35:55	Sara Aldous		Female	90	F	65	00:35:44	177
178	22	00:35:57	Claire Beard		Female	91	F	66	00:35:48	178
179	196	00:37:47	Elizabeth Allen		Female	92	F	67	00:37:41	179
180	218	00:38:45	John Collin		Male	88	M60	6	00:38:30	180
181	65	00:40:02	Carole Rogers		Female	93	F40	9	00:39:45	181
182	82	00:42:53	Tessa Julnes	Wayland Runners	Female	94	F65	2	00:42:48	182
183	142	00:55:26	Helen Sherwood		Female	95	F55	2	00:55:13	183