

City Of Manchester 10k

Results

Pos.	Name	Sex	Class	Club	GunTime	ChipTime	Pos.	Name	Sex	Class	Club	GunTime	ChipTime
1	Peter RILEY	M		Leigh Harriers	29:24	29:22	83	Paul NICHOLS	M		Wilmslow R C	40:50	40:44
2	Jean NDAYASENGA	M			30:01	29:59	84	Graham SCREAWN	M	M40		40:54	40:54
3	Nick GOODLIFFE	M		Holmfirth Harriers	30:08	30:08	85	Richard HOLLAND	M			41:00	40:30
4	Simon TONU	M			30:37	30:35	86	Lee GRAYSHON	M		Begbies Traynor	41:05	41:00
5	Tomas ABYU	M		Salford Harriers	30:56	30:56	87	Michael J JOHNSON	M	M40		41:07	41:07
6	Alan VAUGHAN	M		Etyfi	31:29	31:29	88	Michael HILTON	M			41:10	41:10
7	Matthew PIERSON	M		Holmfirth Harriers	31:34	31:32	89	Steven R CARROLL	M	M40		41:13	41:12
8	Tarus Elly	M			31:56	31:56	90	David EMANUEL	M	M40	Royton Road Runners	41:14	41:14
9	Gwyn OWEN	F		ERYRI	32:00	31:57	91	Allisdhair MCNAULL	M	M45	Cheshire Hash House H	41:14	41:03
10	Mark CROASDALE	M	M40	Lancaster & Morecombe	32:16	32:16	92	Gary COXON	M	M50	East Cheshire Harriers	41:17	41:17
11	Mike WHYATT	M	M40	Garstang A C	33:43	33:42	93	Dominic WALSH	M			41:20	41:11
12	Rasdislav NAJDEK	M			34:02	34:00	94	Claire BERESFORD	F			41:24	41:21
13	David LOCKETT	M	M40	Salford Harriers	34:04	34:04	95	Mick GAVIN	M	M45		41:27	41:19
14	Peter SPEAKE	M		Bildeston Bounders	34:21	34:21	96	Stephen WHITE	M			41:27	41:25
15	Mike SHAW	M	M40	Stockport Harriers	35:10	35:07	97	Robert ASHTON	M	M45		41:28	41:23
16	Banuelia KATESIGWA	M			35:20	35:17	98	Aidan KAVANAGH	M	M50		41:32	41:29
17	Jim C PENDRILL	M		Wilmslow R C	35:25	35:25	99	Derek MURPHY	M	M45		41:35	41:33
18	Paul FAULKNER	M		Hallamshire Harriers	35:38	35:35	100	Ben NORMAN	M			41:38	41:17
19	Neil ALLEN	M			35:41	35:41	101	John HANLON	M		East Cheshire Harriers	41:45	41:45
20	Mark J SWANNELL	M		Bolton United Harriers	36:12	36:10	102	Gary OULDS	M	M45		41:46	41:40
21	Owen Roger FLAGE	M		Oldham & Royton Harri	36:21	36:20	103	Andrea FROST	F	W40	Macclesfield Harriers	41:49	41:45
22	Phil STANNARD	M		Manchester Tri Club	36:26	36:26	104	Maurice SMITH	M	M55		41:51	41:51
23	Darren MORAN	M			36:28	36:24	105	John HATFIELD	M	M40		41:56	41:50
24	Daniel MCGRATH	M			36:28	36:20	106	Matthew SAXTON	M			41:57	41:54
25	Gavin ASTIN	M	M40	Stockport Harriers	36:32	36:32	107	Joan JACKSON	F	W50	Northern Vets AC	41:58	41:57
26	Emma PHILLIPS	F		Birchfield Harriers	36:34	36:31	108	Richard GREEN	M			42:01	41:45
27	Alan POVER	M	M55	Stockport Harriers	36:38	36:35	109	David J SHEPHERD	M	M45	Holmfirth Harriers	42:03	42:02
28	Michal VINCENC	M			37:05	37:04	110	Mike SINGLETON	M	M40		42:03	41:24
29	Adam DREWERY	M		Scunthorpe A C	37:11	37:11	111	Christopher DOE	M			42:04	42:04
30	Lee WOODS	M		Sale Harriers	37:14	37:11	112	Jo POLLOCK	F			42:09	41:57
31	James O'CONNOR	M		Middleton Harriers	37:15	37:12	113	Kevin BURROWS	M			42:20	42:18
32	Christopher GIBBS	M	M40	Wirral A C	37:19	37:15	114	Paul LEATHERBARROW	M			42:26	42:12
33	Tomasz SEKYRA	M			37:25	37:20	115	Raj PATEL	M	M40		42:30	42:26
34	Keith JONES	M	M40	Ellesmere Port R C	37:27	37:24	116	Simon ROBERTS	M			42:34	42:34
35	Jonathan TIMMS	M			37:36	37:34	117	Nicola LOGUE	F	W40	Stockport Harriers	42:44	42:44
36	Mark SALTER	M	M40		38:02	38:02	118	Darryl BROCK	M			42:45	42:45
37	John O'REILLY	M	M55	'Y' CLUB	38:10	38:06	119	Ian SPENDLOVE	M	M40		42:46	42:46
38	Bernard CASSIDY	M	M45	Royton Road Runners	38:13	38:13	120	Robert ALLEN	M	M40		42:49	42:47
39	Paul HOWARTH	M			38:18	38:15	121	David J PHILLIPS	M	M60	Royton Road Runners	42:52	42:52
40	David CARTHY	M	M45	Preston Harriers	38:20	38:18	122	Peter DARLINGTON	M	M40	'Y' CLUB	42:54	42:47
41	Toni MCINTOSH	F		Stockport Harriers	38:21	38:20	123	Chris HARBORN	M		Macclesfield Harriers	42:56	42:56
42	Nigel SEDMAN	M	M40	Belle Vue Racers	38:24	38:24	124	Brendan MURDEN	M	M55		42:57	42:51
43	John QUIRK	M			38:29	38:22	125	Mark ROBINSON	M			42:57	42:57
44	Ed FAZAKERLEY	M			38:30	38:26	126	Jamie DUFFY	M			42:59	42:57
45	Graham CHESTERS	M	M45	Middleton Harriers	38:43	38:43	127	Laura WALLACE	F			43:00	42:56
46	Rob SOUTH	M			38:46	38:46	128	Christopher EAVERS	M	M50	Royton Road Runners	43:03	42:48
47	Peter ROGERS	M	M40	Stockport Harriers	38:51	38:49	129	Mark ARMSTRONG	M	M50		43:04	43:04
48	Howard ISSATT	M			38:56	38:54	130	Rob ANKER	M			43:04	42:55
49	Craig HUNT	M			38:58	38:54	131	John MORLEY	M	M45		43:04	42:53
50	David J WILLIAMS	M	M40	Salford Harriers	39:02	38:58	132	Simon PERRY	M		Action Heart	43:05	42:58
51	John K HALLIWELL	M	M40	Manchester Harriers	39:06	39:04	133	Mark CAMPION	M			43:06	42:52
52	Jamie MOYNIHAN	M			39:08	38:56	134	Robert KELLETT	M	M40	Royton Road Runners	43:07	42:53
53	Jim GARSIDE	M			39:14	39:12	135	Sheila NOLAN	F	W45		43:08	42:51
54	Alexander CHADWICK	M		Bolton United Harriers	39:15	39:08	136	Darren TYLDESLEY	M	M40		43:17	42:48
55	John A BATTERSBY	M	M45	Sale Harriers	39:24	39:22	137	Paul STANLEY	M	M40	Begbies Traynor	43:22	43:19
56	Stewart ANDERSON	M	M45		39:26	39:16	138	Joel LAWSON	M			43:27	43:22
57	Stuart CARROLL	M		Royton Road Runners	39:27	39:23	139	Carl BEBBINGTON	M			43:28	43:28
58	Dennis WHARTON	M	M50	St Helens Sutton A C	39:28	39:26	140	Brian MANCHESTER	M		Brabners Chaffe Street	43:30	42:55
59	James HALLIGAN	M	M40	Andems Runners	39:35	39:32	141	Paul WRIGHT	M	M40	Manchester Tri Club	43:31	43:10
60	Julia MYATT	F	W40	Newcastle / Staffs A C	39:36	39:36	142	Kieron JAMES	M	M40	Vegan Runners U K	43:32	43:32
61	Trevor EAST	M		Eton Manor A C	39:40	38:40	143	Dave ROBERTS	M	M50	Glossop Judo Club	43:34	43:33
62	Brad EHLEN	M		Spectrum Striders	39:41	39:39	144	Kenneth DOBSON	M	M40	East Manchester Harrier	43:35	43:30
63	Alison SEDMAN	F	W40	Belle Vue Racers	39:41	39:39	145	Anthony NAULTY	M	M45	Northern Vets AC	43:37	43:29
64	Simon KNIGHTON	M		Stockport Harriers	39:41	39:37	146	Kathleen NOLAN	F	W40		43:38	43:21
65	Simon R PARKINSON	M			39:43	39:37	147	Howard YAFFE	M	M50		43:41	43:39
66	Gordon MILLS	M		'Y' CLUB	39:43	39:42	148	Trevor ADEY	M			43:42	43:25
67	Chris Veale	M			39:45	39:40	149	Richard RANDS	M			43:42	43:32
68	Phil WARBURTON	M			39:45	39:41	150	Andy VAUGHAN	M			43:44	43:39
69	Ben GREGORY	M	M50	Stockport Harriers	39:45	39:40	151	Lee SMITH	M			43:46	43:32
70	Kenneth MEANEY	M			39:56	38:44	152	Scott ROBINSON	M	M40		43:47	43:41
71	Bernard GOODWIN	M		Royton Road Runners	40:02	39:58	153	Stephen WIGGINS	M			43:49	43:14
72	Stan CURRAN	M	M55	Salford Harriers	40:04	40:03	154	Matthew DUNN	M			43:55	43:25
73	Oscar NIETO-CEREZO	M			40:06	40:02	155	Alan BURTON	M			44:02	43:50
74	Stuart STACKHOUSE	M			40:13	40:13	156	Richard DAVIES	M	M40		44:04	43:26
75	Stuart CARTER	M			40:21	40:21	157	Andy COPLAND	M	M50		44:09	43:31
76	Jon SARGEANT	M	M40	Belle Vue Racers	40:27	40:22	158	Steve MANSFIELD	M	M40		44:09	44:02
77	Gareth SIMPSON	M			40:32	40:27	159	Mike HAYES	M	M45		44:14	44:04
78	Eric RIX	M			40:36	40:36	160	Patrick WALSH	M		Trafford A C	44:14	43:04
79	Matthew LEES	M			40:40	40:40	161	Totch DULKU	F			44:15	44:12
80	Andrew CAIN	M			40:43	40:43	162	Billy CRAIG	M			44:15	43:59
81	Paul CARRIER	M			40:43	40:43	163	Simon STEAD	M	M40		44:17	44:04
82	Matt HARGREAVES	M		Brabners Chaffe Street	40:46	40:19	164	Nicci CAWTHORNE	F		Swinton Running Club	44:17	44:00

City Of Manchester 10k

Results

Pos.	Name	Sex	Class	Club	GunTime	ChipTime	Pos.	Name	Sex	Class	Club	GunTime	ChipTime
165	Brian James O'REILLY	M	M40		44:18	44:02	247	Anthony FLETCHER	M	M45		46:27	46:27
166	Joanne IBORRA	F			44:18	43:49	248	Greg COX	M			46:28	46:15
167	Dennis MORAN	M	M60	Salford Harriers	44:19	44:08	249	Neil STOCKLEY	M	M40		46:29	46:05
168	Darren DENTITH	M			44:22	44:12	250	Mark DEAN	M			46:32	46:23
169	Ian CHILVERS	M			44:25	44:25	251	Jack HINDS	M			46:32	45:33
170	Stuart HUTCHISON	M			44:26	44:26	252	Helen MCGRATH	F			46:33	46:27
171	David P J SMYTH	M	M55	Begbies Traynor	44:26	44:18	253	Benjamin SMITH	M			46:35	46:11
172	Anthony HEATON	M			44:27	44:27	254	Mat WADESON	M			46:36	46:36
173	Stephen COLLEY	M			44:28	44:19	255	Jonathan BLACKLEDGE	M		Glossop Judo Club	46:39	46:30
174	Jacqueline BUTLER	F	W40		44:30	44:16	256	Dominic DONEGAN	M			46:40	46:11
175	Paul JOHNSON	M			44:32	44:32	257	Robin LAWLER	M	M50		46:42	46:01
176	Kari BRYERS	M			44:34	44:16	258	Paul KENWORTHY	M			46:45	45:43
177	Vicky WILLIAMS	F			44:36	44:25	259	Roger RAWLINSON	M	M45		46:45	46:38
178	Adam HARLICK	M			44:37	44:37	260	Bryan SAUNDERS	M	M50		46:46	46:30
179	Chris JONES	M	M40	Salford Metropolitan A	44:37	44:31	261	Sarah HEAVEY	F			46:47	46:25
180	Joe HOWELL	M			44:40	44:20	262	Pat O'HAGAN	M	M45		46:48	45:54
181	John FEEGAN	M	M40		44:41	44:23	263	Tom BROUGH	M			46:51	46:27
182	Orys Lino Michael SENIUK	M	M45		44:41	44:31	264	Geoff HAYES	M	M55	Barnsley Harriers	46:54	46:48
183	Howard MCVAY	M	M45		44:41	44:31	265	Shane MAGUIRE	M			46:57	46:37
184	Phil HOWARTH	M			44:41	44:30	266	Stephen BOYD	M	M50	Fitness First - Gorton	46:58	46:43
185	David GIRT	M	M45		44:44	44:27	267	Mark LINAKER	M	M40		46:59	46:46
186	Alastair MCEWAN	M		Accrington Road Runnn	44:45	44:25	268	Andrew OVENS	M			47:00	46:23
187	David SMITH	M	M50	Royton Road Runners	44:46	44:32	269	John Gerard MALONE	M	M50	Winston Runners	47:01	46:45
188	Les PILKINGTON	M	M45		44:46	44:21	270	Michael THIRSK	M	M50	Stockport Harriers	47:01	46:51
189	Lee MCCOURT	M		Manchester Harriers	44:47	44:38	271	Steve JOHNSON	M	M45		47:02	46:18
190	Lorraine REGAN	F	W40		44:55	44:31	272	Andrew DOOLEY	M	M45		47:02	47:02
191	Jason BOWERS	M			44:56	42:00	273	Colin TOOLE	M	M40		47:02	46:36
192	Tony HOUGHTON	M	M45	Belle Vue Racers	44:56	44:50	274	Fiona BAIRD	F			47:02	46:38
193	Richard UPTON	M	M45		44:57	44:57	275	Barbara PENDLEBURY	F	W60	Salford Harriers	47:04	46:16
194	Poul Martin PEDERSEN	M			44:57	44:46	276	Martin HOLOHAN	M			47:08	46:50
195	Frank DRISCOLL	M			44:59	44:59	277	Paul WALSH	M			47:11	46:59
196	Chris REID	M	M45	St Helens Sutton A C	45:00	44:58	278	George MEYNELL	M	M60	Royton Road Runners	47:12	47:00
197	Richard SUTCLIFFE	M		Barton A C	45:00	45:00	279	Anthony MCCORMACK	M			47:17	46:52
198	Tony GREEN	M	M45		45:01	44:45	280	David A WOOD	M	M45	Manchester Harriers	47:19	47:08
199	Michael LONG	M	M55	Bingley Harriers	45:04	45:04	281	Mike ROBERTS	M	M45	North West Hobblers	47:19	47:19
200	John FALENCKI	M			45:11	45:11	282	Stuart BARNES	M	M40		47:19	47:10
201	Laurence JACKSON	M		Bolton Metro Tri Club	45:14	45:14	283	Ronan O'CUALAIN	M			47:20	46:39
202	Ian DIGNAM	M			45:17	45:01	284	Mike HURST	M	M40		47:20	47:03
203	Catherine RYAN	F			45:20	45:16	285	Neil ATKINSON	M			47:22	47:17
204	Mark DAVIES	M			45:20	45:09	286	Enea DIMAURO	M	M40		47:23	46:34
205	Paul CARROLL	M			45:22	45:07	287	Tom KASPROWICZ	M	M40	Road Runners Club	47:25	47:23
206	Janine ELLIS	F	W35	Running 4 Women	45:23	45:18	288	Chris SALTER - EVANS	M			47:32	47:21
207	Matt SLATER	M			45:23	45:06	289	Avril CORBETT	F	W40		47:38	47:05
208	Paul HERD	M	M50		45:24	45:20	290	Georgia BEVAN	F			47:39	47:17
209	Matthew MALONE	M		Winston Runners	45:25	45:25	291	Catherine NEVIN	F	W50	Penny Lane Striders	47:41	47:35
210	John PRITCHARD	M		Glossop Judo Club	45:27	44:41	292	Nigel J HANSON	M	M50	Todmorden Harriers	47:42	47:09
211	Greg KEYNES	M	M50	Manchester Front runne	45:31	45:21	293	Jenny GARSIDE	F	W35		47:43	47:43
212	John COLLING	M	M40		45:32	45:32	294	James CORNER	M			47:43	47:08
213	Dee MURRAY	F		East Cheshire Harriers	45:33	44:57	295	Michael BUTLER	M	M40	Glossop Judo Club	47:45	47:03
214	Dean ROBINSON	M			45:36	45:30	296	Andrew JOHNSON	M	M40		47:45	47:29
215	John Fenton	M			45:37	44:25	297	Kirsty READ	F		Fitness First - Gorton	47:47	47:18
216	Chris TALKS	M			45:37	44:48	298	Daniel BUTCHER	M			47:47	47:36
217	Melissa DRATH	F	W40		45:38	45:25	299	Paul SEYMOUR	M			47:49	47:35
218	Dean HOWARD	M		Glossop Judo Club	45:40	44:55	300	Jill COLBERT	F	W35	St Helens Sutton A C	47:50	47:40
219	John PIETSCH	M	M40		45:43	45:33	301	Adrian BOYD	M			47:50	47:18
220	Ian ASHENDEN	M			45:44	45:40	302	Steve DEVONPORT	M			47:50	47:50
221	Paul MCERLEAN	M			45:45	45:11	303	Trevor William GRUNDY	M	M60	Royton Road Runners	47:51	47:36
222	Deborah SHAW	F	W40	Royton Road Runners	45:47	45:11	304	Catherine BUTLER	F			47:52	47:35
223	Ben JONES	M			45:47	45:11	305	Derek ANDERS	M	M40		47:52	47:26
224	Ronald G GAYNER	M	M55		45:48	45:45	306	Paul WHITWORTH	M	M45		47:53	47:09
225	Jonathan Mark BALDING	M			45:49	45:01	307	Alistair CRAIG	M			47:54	46:44
226	Robert JOHNSON	M			45:49	45:49	308	Ben GIBBINS	M			47:55	47:03
227	Stephen BEARDMORE	M	M40		45:50	45:47	309	Christopher RAGGETT	M	M40		47:56	47:36
228	Andrew CUTHBERT	M	M40		45:51	45:34	310	Darren BUCYS	M			47:57	47:23
229	Martin HOPE	M	M40		45:52	45:45	311	Matt CLIFFORD	M			47:57	47:25
230	Simon TURPIN	M			45:55	45:10	312	Tony SMITH	M	M40	Salford Harriers	47:58	47:58
231	Ian SMITHAM	M	M55		45:58	45:47	313	Joanne HUNT	F	W40		48:02	47:55
232	Ian LOMAS	M			45:59	45:53	314	Chris SHORT	M			48:03	46:57
233	Alan CONNOR	M	M50		46:00	45:31	315	Victoria SUMMERFIELD	F		Winston Runners	48:04	47:48
234	Steve RAFFERTY	M			46:02	46:02	316	Keith TOLAN	M	M50		48:05	47:59
235	Mark SAXTON	M	M45		46:03	46:03	317	Neil HAMILTON	M			48:05	47:24
236	Terry AXON	M	M45		46:05	45:54	318	Jeff CORDWELL	M	M55	Royton Road Runners	48:06	47:31
237	Gary WATTS	M		European Metal Recycli	46:08	46:05	319	Joanne HULME	F	W35		48:07	48:07
238	Michael JOYCE	M	M45	'Y' Club - Wrestlers Tea	46:08	45:41	320	Anthony MCGOWAN	M			48:09	47:55
239	Peter SHIPSTON	M			46:10	45:59	321	Graeme SEMPLE	M		Manchester Front runne	48:10	47:30
240	Andy CLARK	M	M45		46:15	46:07	322	Teresa HOLLINS	F	W50	Middleton Harriers	48:12	47:59
241	Steve GRANT	M			46:17	46:17	323	John WALL	M	M45		48:12	47:47
242	Gavin BLACKBURN	M			46:19	45:53	324	Rob MCRAE	M			48:14	47:56
243	Gareth PASHLEY	M			46:19	45:42	325	David COOPER	M			48:15	47:37
244	Paul J MATLEY	M	M40		46:19	46:04	326	Tom JOHNSTON	M			48:16	47:24
245	Phil ROE	M	M40		46:20	46:20	327	Michael LOGAN	M	M50		48:17	47:45
246	Paul WAINWRIGHT	M		'Y' CLUB	46:21	46:08	328	Mike GANDY	M		Breckenridge R C	48:19	47:58

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Results

Pos.	Name	Sex	Class	Club	GunTime	ChipTime	Pos.	Name	Sex	Class	Club	GunTime	ChipTime
329	Graham NORTON	M	M40		48:19	48:19	411	Matt DYKINS	M			49:51	49:39
330	Timothy WILLIAMS	M			48:20	47:44	412	David BARCLAY	M	M45		49:53	49:18
331	Steve AMOS	M	M45		48:22	48:22	413	Paul HEATHCOTE	M			49:54	49:28
332	Gary MITCHELL	M			48:22	48:06	414	Nicola ENTWISTLE	F	W35		49:55	49:45
333	Stephen GAUNT	M		Belle Vue Racers	48:23	47:44	415	Paul ELLIS	M			49:55	49:26
334	Sean MCGRATH	M			48:23	47:07	416	Sarah TYRRELL	F		Sale Harriers	49:56	48:43
335	Mark MCLOUGHLIN	M	M50		48:23	47:33	417	Andrew GREGORY	M	M70	Macclesfield Harriers	49:56	49:51
336	Graham HOWELL	M	M55	Liverpool Harriers	48:23	48:23	418	Phil ALLEN	M	M40		49:56	49:40
337	Graeme BRUCE	M		Manchester Tri Club	48:26	47:26	419	Simon HOWARTH	M			49:58	49:08
338	Gareth BOYD	M			48:28	48:14	420	Craig ELLIS	M			49:59	49:26
339	Rebecca JONES	F		Manchester Front runne	48:29	47:52	421	Joe LEE	M	M45		50:00	49:52
340	James MALONE	M		Winston Runners	48:32	47:58	422	Owain SAUNDERS	M			50:03	50:03
341	Andrew MALONE	M		Winston Runners	48:32	48:32	423	Bryan HAY	M	M50		50:03	49:22
342	Ian TAYLOR	M	M55		48:33	48:15	424	Michael FARRELLY	M	M50	Winston Runners	50:04	49:56
343	Iain STACKHOUSE	M			48:33	48:33	425	Mike CARR	M	M55	Road Runners Club	50:04	49:34
344	Craig PICKFORD	M		European Metal Recycli	48:35	48:35	426	James BUCKLEY	M			50:05	49:43
345	Sebastien MALLET	M			48:35	48:19	427	Andrew HOUGHTON	M			50:06	50:06
346	Elliot SIMM	M			48:36	48:12	428	Paul JACKSON	M			50:07	49:56
347	Helen HOWARD	M	W35	Glossop Judo Club	48:37	47:51	429	Tom SANFORD	M			50:13	49:24
348	Jack JOYCE	M			48:37	47:34	430	Andrew STEIN	M	M40		50:13	49:50
349	Patrick MURDEN	M			48:37	48:31	431	Victoria SERRAILLIER	F	W45		50:14	49:36
350	David SMITH	M	M45		48:37	47:56	432	Neil SWAINSON	M	M45		50:15	49:47
351	Rebecca HEALEY	F	W40	Belle Vue Racers	48:38	48:13	433	Jonathan KHAN	M		Lorimer Group	50:16	49:05
352	Audel PANJALIZADEHSHIRIN	F			48:40	48:20	434	Aneta MENICH	F			50:16	50:16
353	Siobhan M HALLIGAN	F	W35	Andems Runners	48:40	48:33	435	Keith TIERNEY	M	M40		50:18	49:26
354	Tony BUXTON	M	M45		48:41	48:41	436	Emma COOPER	F			50:19	50:15
355	Brian MASON	M	M55	Winston Runners	48:42	47:46	437	Ray BURGE	M	M45		50:20	50:10
356	David HOBBS	M	M45		48:42	48:27	438	Trevor STRATFORD	M	M45		50:22	50:22
357	Andrew BENTLEY	M	M45		48:42	48:35	439	David FISHER	M		Manchester Front runne	50:24	49:44
358	Andy WHEELER	M	M50	The Stragglers	48:43	48:20	440	Marc JACKSON	M			50:26	50:26
359	Karen NEWBY	F	W35		48:43	48:33	441	Mel SMITH	M	M55		50:27	50:01
360	Jayne LAWTON	F	W35	Stockport Harriers	48:44	48:36	442	Maggie T HOLT	F	W45	East Cheshire Harriers	50:28	50:19
361	Nick CAVANAGH	M			48:45	48:31	443	Peter WILLIAMSON	M			50:31	49:52
362	Shaun HINCHY	M			48:54	48:36	444	Laura HOPE	F	W40		50:32	50:20
363	Edward GEE	M	M60		48:57	48:39	445	Ken GRAYWAHL	M	M55		50:34	49:54
364	Kevin O'BRIEN	M	M60	Clayton - Le - Moors Ha	48:57	48:51	446	Mary - Eve MCNERNEY	F			50:36	50:20
365	Terence H FINN	M	M40	Greater Manchester Poli	48:58	48:31	447	Anthony CREGG	M	M40		50:36	49:32
366	Tom Harper	M			48:58	48:06	448	Michael SHELMEKDINE	M	M45		50:37	50:11
367	David LEIGHTON	M			48:58	48:38	449	Paul KERRIGAN	M			50:40	50:40
368	Paul JENNINGS	M			49:02	48:35	450	Sarah AARONSON	F	W40	Greater Manchester Poli	50:41	50:10
369	Heather MITCHELL	F	W50	Dewsbury Road Runner	49:02	48:46	451	Julie GIBBS	F			50:42	50:42
370	Steven D PHILLIPS	M		Glossop Judo Club	49:05	47:42	452	Claire SWARBRICK	F		Brabners Chaffe Street	50:42	49:57
371	Gary COOKSON	M	M40		49:08	48:33	453	David OTTIWELL	M		European Metal Recycli	50:42	49:38
372	Mike LILLEY	M	M50	Swinton Running Club	49:08	49:08	454	Naomi STONE	F			50:43	50:17
373	Owen MURRAY	M			49:10	48:47	455	John HENEBERY	M	M50		50:45	49:47
374	Neil CUTLER	M	M40		49:15	49:15	456	Robert ROBERTSON	M	M45		50:45	49:41
375	Richard LEACH	M		Worksop College Athleti	49:15	48:32	457	Paul WALSH	M			50:46	49:34
376	Martin WOOD	M	M45		49:15	48:59	458	Emily HUGHES	F			50:47	49:54
377	Simon WEBB	M			49:16	48:32	459	Lee LUDFORD	M			50:47	49:33
378	Sally JOHNSTON	F	W40		49:16	48:56	460	Jamie BARRY	M			50:48	50:36
379	Sean PICKLES	M			49:16	48:43	461	Ken Evans	M			50:48	50:12
380	Philip KING	M	M45		49:17	48:18	462	Brian ROSE	M	M45		50:48	50:35
381	Timothy BODDY	M			49:18	48:34	463	Karen FLEMING	F			50:49	50:26
382	Giles MORRIS	M		'Y' CLUB	49:20	49:13	464	Susan MONCASTER	F	W35		50:50	50:14
383	Paul WALKER	M			49:22	49:18	465	Matthew THOMAS	M			50:51	50:00
384	Peter HARROLD	M	M40	Greater Manchester Poli	49:24	49:06	466	Curtis CHAPMAN	M			50:51	50:51
385	Chris BURROWS	M			49:24	48:11	467	David CLEMENTS	M			50:57	50:34
386	Alison HOLMES	F	W50	Middleton Harriers	49:24	49:08	468	Simon ROBINSON	M			50:58	50:37
387	Adrian MELBOURN	M			49:25	49:11	469	Ashok KALLUMPRAM	M	M45	Premier Textiles Ltd	51:02	50:00
388	David HALL	M	M40	Middleton Harriers	49:26	49:26	470	Thomas CUMMINS	M	M50		51:03	51:03
389	Kerry BLAND	F	W45	Jack Russell	49:26	48:55	471	Peter BYRNE	M			51:04	50:53
390	Liesel MCQUEEN	F		'Y' CLUB	49:26	49:02	472	John MCMULLEN	M			51:05	51:05
391	Steve MACLURE	M		Wigan Phoenix	49:27	49:07	473	Paul S MCMANUS	M	M40		51:07	50:58
392	Helen CORBISHLEY	F			49:28	49:28	474	Mark NOLAN	M			51:11	50:54
393	Robert HAINES	M			49:29	49:16	475	Gary MACPHERSON	M			51:12	49:59
394	Walter SMITH	M			49:32	48:41	476	Tim BOYLE	M	M50	Fell Runners Associatio	51:12	50:51
395	Stephen WEBB	M		Belle Vue Racers	49:33	48:20	477	Amanda DAVIES	F	W40		51:14	51:14
396	Martyn PRICE	M			49:33	49:13	478	Pushpa DEWAN	M	W35		51:15	50:06
397	Neil HORRIDGE	M	M50		49:34	49:12	479	Phillip OLDFIELD	M	M40	Premier Textiles Ltd	51:19	50:16
398	Ian HORRIDGE	M	M45		49:34	49:11	480	Helen KNIGHT	F	W35	Royton Road Runners	51:19	50:43
399	Tony MILLWARD	M	M40		49:34	49:10	481	Josef HEESOM	M			51:20	50:45
400	Philip MCQUEEN	M	M50	'Y' CLUB	49:37	49:13	482	Peter WHITWORTH	M	M40	Middleton Harriers	51:24	50:23
401	Louise GILCHRIST	F	W60	Valley Striders A C	49:37	49:35	483	Stuart JONES	M	M45		51:26	50:40
402	John MOSS	M		Hill International	49:40	48:41	484	Jean - Pierre LAURENT	M	M50		51:29	51:17
403	Jane COLE	F	W35		49:41	49:36	485	Mathew KEOGH	M	M40		51:29	51:29
404	Donald GIBBS	M	M40		49:41	49:21	486	Kathryn MULLINS	F			51:30	50:45
405	Helen WOODS	F			49:43	49:43	487	Alun HOPKINS	M			51:30	50:45
406	Martin NANCE	M	M50		49:47	49:29	488	Julian SAUNDERSON	M	M45		51:30	51:30
407	Paul NUGENT	M	M40		49:47	49:47	489	Nick RAMSDEN	M			51:31	51:07
408	Alan RICHARDSON	M	M40		49:48	49:17	490	Chris KERFOOT	M	M45		51:32	50:31
409	Kevin CARTER	M			49:48	49:14	491	Elizabeth THOMPSON	F		O U P A A C	51:33	51:10
410	Amanda BAXENDALE	F	W35	Astley & Tyldesley Road	49:49	49:49	492	Graham WILKINS	M			51:34	51:24

City Of Manchester 10k

Results

Pos.	Name	Sex	Class	Club	GunTime	ChipTime	Pos.	Name	Sex	Class	Club	GunTime	ChipTime
493	Michael GIBSON	M			51:36	51:36	575	Mike GARNHAM	M	M45		53:16	52:55
494	Donald BEAVER	M	M55		51:36	50:21	576	Ian HAWKSWORTH	M	M50		53:17	52:49
495	Matt CRONSHAW	M			51:37	50:46	577	Michelle DAVIES	F			53:17	52:39
496	Shaun PETERS	M			51:37	51:34	578	John STANWAY	M	M40		53:18	52:33
497	Stephen MANNION	M			51:38	51:36	579	Anne ROBERTSON	F	W45		53:19	52:14
498	David ASPINALL	M		Styal Running Club	51:40	50:52	580	Tony BRAY	M	M55		53:20	52:46
499	Darren HONEYFORD	M			51:40	51:31	581	Tina FLETCHER	F	W45		53:21	53:21
500	Mark DURHAM	M			51:46	51:12	582	Jemma SHORTT	F			53:24	53:24
501	Geoffrey KNOWLES	M	M45	Bolton United Harriers	51:50	51:50	583	Michael F SKINKIS	M	M50		53:25	52:55
502	Mark LANCASTER	M			51:51	51:02	584	Stephen ROBERTS	M			53:27	52:19
503	Edward GREAVES	M	M60		51:52	51:45	585	James FOSTER	M			53:28	53:23
504	Louise SAUNDERS	F		Royton Road Runners	51:55	51:42	586	Paul CROOK	M			53:29	53:29
505	Aidan BUCKNALL	M	M45		51:56	51:43	587	Michelle ROE	F	W35		53:30	53:30
506	Iris FERBER	F			51:57	51:50	588	Daniel VALENTINE	M			53:33	52:24
507	Edy AGER	F			52:00	51:17	589	David BERRY	M	M45		53:33	52:46
508	Robert F PAGE	M	M50	Chorlton Runners	52:00	51:06	590	Ian PARRY	M	M40		53:33	52:20
509	Malcolm TOWLER	M	M60	Northern Vets AC	52:00	51:55	591	Andrew GODDARD	M	M40		53:38	53:21
510	Jock PLOMMER	M	M60		52:01	51:12	592	Andrew MACDONALD	M	M45		53:39	52:56
511	Anthony WEARDEN	M			52:02	52:02	593	Matthew LENNARD	M			53:40	52:56
512	Joanne DANAHAR	F	W35		52:04	51:35	594	John HETHERINGTON	M	M40		53:41	53:16
513	Adam POTTS	M			52:06	51:28	595	Jennie GERRARD	F			53:43	52:59
514	Colin PILKINGTON	M	M70		52:09	51:21	596	Jackie CUNLIFFE	F	W40		53:43	53:05
515	Darryl MCLEAN	M			52:12	51:36	597	Paul O'BRIEN	M			53:44	52:55
516	Kevan BRELSFORD	M		Glossop Judo Club	52:13	51:19	598	Ian STEWART	M	M40		53:46	53:46
517	Craig WADESON	M	M40	Basingstoke & Mid Hant	52:14	52:14	599	Stephane LEFEBVRE	F			53:46	53:03
518	Dean HOWARTH	M			52:15	52:15	600	Kathryn WOODWARD	F			53:46	52:49
519	Pamela GRIMSHAW	F			52:15	52:15	601	David GRUNDY	M	M40		53:47	53:20
520	Peter KAY	M	M45		52:16	51:02	602	Steve WOOD	M	M40		53:47	53:02
521	Shelagh MCNERNEY	F	W45		52:18	51:38	603	Daniel KAVANAGH	M			53:49	53:23
522	David LATHAM	M	M45	Hill International	52:18	51:19	604	Charlotte DURAND	F			53:50	53:01
523	Paul Richard TALBOT	M	M40	Glossop Judo Club	52:20	51:37	605	Jeff MILLS	M	M45	Manchester Connexions	53:51	52:42
524	Adrian HANCOX	M			52:21	51:36	606	Graham MIDDLETON	M	M55		53:51	52:30
525	Michael SHAWCROSS	M			52:21	51:13	607	Chris FAIRFIELD	M	M60	East Cheshire Harriers	53:53	53:53
526	John GRIFFITHS	M	M50		52:22	52:03	608	Simon DEWS	M			53:53	53:53
527	Rob CHADDOCK	M		European Metal Recycli	52:23	51:16	609	Gordon SHAW	M	M45		53:54	53:02
528	Andrew BURKITT	M			52:23	51:53	610	John CERE	M	M40		53:54	53:01
529	Paul F BATTERSBY	M	M50		52:24	52:14	611	Kelly THORN	F			53:56	52:52
530	Peter MCNERNEY	M			52:25	51:50	612	Bob THORN	M	M60		53:57	52:53
531	Mariana PETROVA	F			52:26	52:18	613	Nick GRIMSHAW	M	M45		53:57	53:33
532	Kathryn MCKENZIE	F	W45	Greater Manchester Poli	52:27	51:57	614	Hugo COLLINGRIDGE	M			53:58	52:46
533	John George SMITH	M	M50	Premier Textiles Ltd	52:27	51:26	615	Ann LANHAM	F		Manchester Harriers	53:58	53:34
534	John PHILLIPS	M			52:28	52:18	616	Ali MCGOWAN	M			53:59	53:29
535	Christian GOEDE	M			52:28	52:16	617	Callum Ives	M			54:00	53:23
536	Neil JACKSON	M	M40		52:32	51:31	618	Joanne WHITWORTH	F		Middleton Harriers	54:01	54:01
537	Ben FARROW	M		Glossop Judo Club	52:32	51:50	619	- BURROWS Christopher POL	M			54:04	53:16
538	Tony TESCIUBA	M	M50		52:35	52:26	620	Philip LAWRENCE	M	M55		54:05	54:05
539	Joan OAKLEY	F	W45		52:39	52:39	621	James P A LANHAM	M	M55	Manchester Harriers	54:05	53:41
540	Steven JOHNSON	M	M45	Stockport Harriers	52:39	52:30	622	Robert HARDING	M	M55	Telford Harriers	54:06	54:06
541	Justine GALLAGHER	F			52:39	52:27	623	Nigel HARRISON	M	M40		54:06	53:27
542	Richard AULT	M			52:41	51:50	624	Nigel MILLIGAN	M			54:12	54:08
543	Carol WADESON	F	W35	Basingstoke & Mid Hant	52:41	52:10	625	Philip HOYLAND	M	M40		54:13	53:40
544	Peter MORRIS	M	M55		52:44	51:57	626	Niall CREMIN	M			54:14	53:47
545	Neil HODGSON	M	M40		52:46	52:46	627	Steve BASSAM	M	M50		54:14	53:43
546	Christine HOLT	F	W40		52:46	51:39	628	Samantha BELL	F			54:14	53:46
547	Leora KUHILLOW	F			52:47	52:20	629	Amy WARBURTON	F			54:16	54:08
548	Sigal BARILAN	M			52:48	52:48	630	Jackie BRADLEY	F	W35		54:17	52:57
549	Robin FEWSTER	M			52:48	51:41	631	Michael HOLT	M	M45		54:24	53:37
550	Emma HUME	F			52:54	52:36	632	Jim A RIGBY	M	M45		54:25	53:07
551	James BALMFORTH	M			52:54	52:47	633	Maz SALEEM	F			54:26	54:11
552	Stephen BARROW	M	M45		52:55	52:23	634	Peter O'NEILL	M			54:27	53:30
553	Ann C SILCOCK	F	W50		52:55	52:55	635	Paul RICHARDS	M			54:28	54:04
554	Chris HANSON	M	M55		52:55	52:24	636	Paul DONEGAN	M	M45	'Y' CLUB	54:28	54:28
555	Marloes MOLINGER	M			52:55	52:25	637	Mark BARRETT	M	M40		54:30	54:09
556	Graham SMITH	M	M45		52:57	52:26	638	Zameer ABBAS	M	M40		54:30	54:07
557	Perry HINTON	M	M40		52:57	52:26	639	Louise HARRISON	F	W35		54:30	53:48
558	Margaret BULLOCK	F	W40	Altrincham & District	52:58	52:06	640	Michael LEDGERTON	M	M40		54:31	54:00
559	Ian WHITHAM	M	M40		53:03	52:45	641	David HORNBY	M	M40		54:31	54:18
560	Jannine MCRAE	F			53:05	52:50	642	Anne GUY	F	W45		54:32	54:32
561	Colin COHEN	M	M50	Stockport PCT Running	53:06	52:15	643	David EAMES	M			54:33	54:01
562	Andrew POTTS	M	M45		53:07	52:29	644	Alison WEARDEN	F	W50		54:33	54:33
563	Seb Barre	M			53:09	52:47	645	Andrew LAW	M	M40		54:38	53:33
564	Andy MCCLEAN	M	M55		53:09	52:36	646	Danny CASSELL	M			54:38	53:59
565	Stephen DEAN	M		Hyde Village Striders	53:10	52:19	647	Neil RILEY	M	M40		54:38	54:13
566	Karla HOLT	F		L A Fitness	53:10	52:44	648	Martina M MAGILL	F	W35		54:41	54:00
567	Mike BARRY	M			53:10	52:37	649	David NEWTON	M	M45		54:42	53:34
568	Yvonne MCGLINCHEY	F	W45		53:11	52:51	650	Paul WARDLE	M			54:44	54:28
569	Stuart ALMOND	M			53:12	52:48	651	Shaun CLAFFEY	M	M45		54:45	54:13
570	Brent ARMISTEAD	M	M55	Oldham & Royton Harri	53:12	51:50	652	Alan ECCLESTON	M	M50	Granada Television	54:47	53:45
571	Keith TOLLEY	M	M40		53:14	53:14	653	Eloise WHITMORE	F			54:49	54:08
572	Wendy REDDINGTON	F	W35		53:14	52:57	654	Ian Stuart HOGG	M	M45		54:49	54:49
573	Jeff CREWDSON	M	M40		53:15	52:56	655	Richard LOWTON	M			54:49	54:49
574	Paul WILLIAMS	M	M40		53:15	52:53	656	Mark KUHILLOW	M			54:52	54:25

City Of Manchester 10k

Results

Pos.	Name	Sex	Class	Club	GunTime	ChipTime	Pos.	Name	Sex	Class	Club	GunTime	ChipTime
657	John CLEGG	M	M60		54:55	54:07	739	Marie JONES	F	W40		56:59	56:59
658	Paul BARROW	M	M45		55:00	54:20	740	Andy WALL	M		Sale Harriers	56:59	55:45
659	Mike WILSON	M	M40		55:00	54:20	741	Derek TATTERSALL	M	M60	Greater Manchester Poli	57:00	56:31
660	Fiona LAW	F	W40	Altrincham & District	55:00	54:07	742	Andrew WEBSTER	M	M45		57:01	55:48
661	Gillian THOMAS	F	W40	Middleton Harriers	55:05	54:27	743	Dawn GREEN	F	W45		57:03	56:28
662	Helen SIMMS	F	W40		55:06	55:06	744	James OGG	M		Carrington R U F C	57:04	55:53
663	John O'MEARA	M			55:07	54:27	745	David CONNELL	M			57:05	56:48
664	Helen EVANS	F			55:07	54:26	746	Susanna Griffin	F			57:05	56:48
665	Nick SUNDERLAND	M		Hill International	55:09	54:07	747	Wendy RICKARDS	F	W35		57:05	56:09
666	Adam BAINES	M		European Metal Recycli	55:09	54:14	748	Alison CRABTREE	F	W35		57:05	56:13
667	Anthony SCHULLER	M	M50		55:11	54:34	749	Jill MCGRORY	F	W55		57:12	56:45
668	Ged BAMFORD	M	M70	Glossop Judo Club	55:12	54:29	750	Monica COLLANTINE	F	W55	Fitness First - Gorton	57:14	57:14
669	Philip RYDER	M			55:14	54:28	751	Barbara HALL	F	W35		57:14	56:22
670	Ian GERRARD	M			55:15	54:47	752	Jerry MACSWEENEY	M	M50		57:16	56:00
671	Andrew KILMARTIN	M	M45		55:15	54:04	753	Dave WILLIAMS	M	M40		57:16	56:21
672	Denise KAY	F	W40		55:18	55:08	754	Cheryl BLAKE	F	W35	Hyde Village Striders	57:17	56:25
673	Emily DAY	F		Manchester Connexions	55:20	54:01	755	Stephen WEATHERHEAD	M			57:20	56:16
674	Ailsa CHARLTON	F	W35	Manchester Connexions	55:22	53:59	756	Christine CROWTHER	F	W50	Salford Harriers	57:21	56:30
675	Tony HAYHURST	M	M55		55:23	55:10	757	Joe HOPKINS	M	M40		57:25	56:12
676	Margaret HAMMERSLEY	F	W40		55:23	55:15	758	Geoff HAM	M	M40	Glossop Judo Club	57:27	56:38
677	Claire HOLBROOK	F	W35		55:24	55:12	759	Dave AULT	M	M45		57:27	56:33
678	Tony HARROLD	M	M45		55:25	55:07	760	Marrit MANDMETS-KANNA	M			57:28	57:12
679	Charlotte PAWLEY	F			55:25	55:25	761	Jeanne JONES	F	W55		57:28	56:32
680	Noel WILKES - WELLS	M			55:25	54:31	762	Julia STRATFORD	F	W45		57:30	57:30
681	Morris FAIRWEATHER	M	M45		55:32	54:41	763	Catherine DALEY	F	W35		57:31	56:43
682	Neil ROBINSON	M			55:33	54:31	764	Jason UNSWORTH	M			57:33	57:14
683	Helen GALLON	F			55:33	55:33	765	John OTTIWELL	M		European Metal Recycli	57:37	56:32
684	Barry TURNOCK	M	M60		55:37	55:12	766	Timothy KEMP	M			57:37	56:56
685	Claire STOCKWELL	F	W35		55:39	54:43	767	Jon BUMSTEAD	M	M40		57:42	57:03
686	Kate FOWLES	F	W35		55:41	55:41	768	Sarah WILDMAN	F	W35		57:44	57:12
687	Andy ROBERTS	M			55:43	55:27	769	Alex HUNTER	M			57:44	56:31
688	Lee COOK	M	M40		55:44	54:51	770	Terry BUCKLEY	M	M40		57:46	56:21
689	Paul SMITH	M			55:46	54:30	771	Gary SALISBURY	M	M40		57:47	57:02
690	Andy SHEARS	M	M40		55:46	54:56	772	Badshah KHAN	M		Lorimer Group	57:47	56:36
691	Andy HOLMES	M	M50		55:47	54:45	773	Sarah RAINEY	F			57:49	56:56
692	Andy BILLINGSLEY	M	M40	Congleton Harriers	55:47	54:40	774	Laura HOWARTH	F			57:51	57:19
693	Sarah HARPER	F			55:48	55:27	775	Tim JONES	M	M45		57:51	57:12
694	Ian HEWLETT	M			55:49	54:21	776	Gina HARLIN	F	W40		57:52	56:51
695	Kevin MCLOUGHLIN	M	M40		55:50	55:50	777	David LEUNG	M	M40		57:52	56:59
696	Lisa KNIGHT	F			55:50	55:33	778	Roy LUNT	M			57:53	57:30
697	Julie CUMMINS	F	W45		55:51	55:51	779	Alex KAYE	F			57:53	56:34
698	Ingrid DEWHURST	F	W40	East Cheshire Harriers	55:51	55:01	780	Sue COOK	F	W35		57:54	57:22
699	James ABBOTT	M			55:52	55:24	781	Daniel LLOYD	M			57:54	57:12
700	Patrick J O'DONNELL	M			55:53	55:08	782	Emma WILSON	F			57:54	57:54
701	Anthony DIXON	M	M40		55:55	55:25	783	Simon HOWARTH	M			57:54	57:24
702	Eric KINCEY	M	M55		55:57	54:52	784	Sue GODDARD	F	W45	Chorlton Runners	57:55	57:16
703	Simon MCKENNY	M	M45	Hill International	55:58	54:58	785	Peter GALE	M	M60		57:55	57:21
704	Robert HARROP	M			55:59	55:19	786	David COLTON	M	M50		57:55	57:55
705	Dawn MORRIS	F	W35	GMC Fire Service	55:59	55:59	787	Anthony PENNINGTON	M	M40		57:57	57:32
706	Jane BARCLAY	F	W45		56:05	55:34	788	Michael HUGHES	M			57:57	57:09
707	Jane STIRRUP	F			56:07	54:58	789	Linda DRAYTON	F	W45		58:11	57:39
708	Iain MACINTOSH	M			56:09	55:20	790	David PICKERING	M		Granada Television	58:12	57:10
709	Russell BURNHAM	M		Penny Lane Striders	56:14	56:14	791	Craig SELWOOD	M			58:16	58:16
710	Aileen DAVIDSON	F			56:18	56:03	792	Alan BROWN	M	M55		58:19	58:19
711	Ian BOSWELL	M	M40		56:19	55:25	793	Dermot MONAGHAN	M	M40		58:19	57:40
712	Neil WOODS	M	M40		56:23	55:51	794	Glenn KELLY	M	M40	Boalloy	58:20	57:19
713	Kate HIBBERT	F			56:23	55:51	795	Laura MADDEN	F			58:21	57:50
714	Alyson ADAMS	F			56:24	55:27	796	Matt ADDIE	M			58:21	57:28
715	Catherine FARRAR	F	W35		56:27	56:27	797	Andrew DENTON	M			58:28	58:12
716	Phil MELLOR	M	M50		56:30	55:27	798	John AVERY - PEARSON	M			58:29	57:21
717	Tara COOK	F	W35		56:30	55:37	799	Maeve O'CONNELL	F			58:33	57:45
718	Brian BEAL	M	M60	Middleton Harriers	56:30	55:52	800	Niall ENRIGHT	M	M45		58:36	57:21
719	Roy THOMPSON	M	M55		56:31	55:49	801	Liz MORTON	F	W35		58:39	58:32
720	Steven SPENCER	M	M40	Glossop Judo Club	56:31	56:11	802	Emma LUKE	F			58:40	57:51
721	Richard VENI	M			56:32	55:18	803	Amanda BRADBURY	F		Womens Running Netw	58:40	57:35
722	Henryk GETZ	M	M55		56:33	55:53	804	Ann FITZPATRICK	F			58:41	57:33
723	Michael HANLON	M	M60		56:33	56:08	805	Kevin FINNEGAN	M			58:42	57:57
724	Alison RAMSAY	F		Manchester Connexions	56:34	55:10	806	Fiona THORNTON	F	W40		58:43	58:43
725	Laura BRYANT	F			56:36	10:27:12	807	Adam FLEMING	M		Manchester Tri Club	58:44	57:49
726	Liam BLUER	M			56:39	55:31	808	Beth YATES	F			58:45	58:13
727	Jennifer BENNETT	F	W35		56:40	55:50	809	Karen WILLIAMS	F	W35		58:47	57:49
728	Lesley GEORGE	F			56:42	56:20	810	Michael HUGHES	M	M55	Sale Harriers	58:47	57:45
729	Daniel MURPHY	M		Manchester Connexions	56:42	55:32	811	Marade BAKER	F	W40		58:49	58:49
730	Laurence COPELAND	M	M60	Kenilworth R R C	56:43	55:39	812	Neil HENDERSON	M	M40		58:50	58:02
731	Lyn PHILLIPS	F	W40	Glossop Judo Club	56:48	56:02	813	Joanna BLAIN	F			58:52	58:52
732	Stuart TUNNEY	M			56:49	56:02	814	Ian JOHNSTON	M	M40		58:54	58:54
733	Roisin HARKIN	F			56:52	56:52	815	Ciara O'MAHONY	F			58:54	58:06
734	Tony HUNKING	M	M50	Royton Road Runners	56:54	55:58	816	Sonia FAIRWEATHER	F	W45	Hyde Village Striders	58:54	58:54
735	Julie CASSIE	F	W35		56:55	56:08	817	Keith JONES	M			58:55	58:55
736	Suze MCQUIE	F			56:57	55:51	818	Rachael BERESFORD	F			58:55	58:51
737	Ron GRABNER	M	M60		56:57	56:37	819	Peter MORITZ	M	M45	Barton A C	58:56	58:05
738	Jon LOVATT	M	M40	Hill International	56:57	55:58	820	Marie LORD	F			59:01	58:16

City Of Manchester 10k

Results

Pos.	Name	Sex	Class	Club	GunTime	ChipTime	Pos.	Name	Sex	Class	Club	GunTime	ChipTime
821	Louise HADCROFT	F			59:05	57:50	903	Jaqueline DONEGAN	F	W45		01:01:44	01:00:58
822	Matt PARSONS	M			59:07	57:55	904	Jane FISH	F	W35	Spectrum Striders	01:01:50	01:01:38
823	Rich GUNN	M			59:15	58:47	905	Carol WINTER	F	W40	Saddleworth Harriers	01:01:50	01:01:03
824	Martin WALKER	M	M50		59:16	58:26	906	Lorraine PICKLES	F	W35		01:01:58	01:01:25
825	Elizabeth KERR	F			59:17	58:52	907	Ken HASTINGS	M	M45		01:02:05	01:01:01
826	Daniel BOWEN	M			59:18	58:53	908	Neil O'DONNELL	M			01:02:16	01:01:31
827	Claire ROBERTS	F			59:18	59:18	909	Jolanta SOBOL	F			01:02:18	01:01:36
828	Sue ACKROYD	F	W50	Isle Of Man - Veterans	59:19	58:44	910	Laura BRAMALL	F			01:02:25	01:02:25
829	Pete EDWARDS	M	M40		59:20	58:42	911	Anita KING	F	W45		01:02:26	01:02:12
830	Andrzej MALINOWSKI	M	M55		59:24	59:10	912	Francis PYATT	F			01:02:32	01:01:55
831	Rosemary JONES	F		Winston Runners	59:25	59:25	913	Susan MANUEL	F	W40	Warrington Road Runne	01:02:35	01:01:48
832	Mike CONWAY	M	M45		59:25	58:56	914	David DOUGLAS	M	M55		01:02:36	01:01:45
833	Anthony BERGIN	M			59:27	58:30	915	Peter O'KEEFE	M	M40		01:02:37	01:01:37
834	Philip PARKER	M			59:30	59:30	916	Nicola HARRISON	F			01:02:38	01:01:57
835	Elizabeth PARTINGTON	F			59:31	58:39	917	Andrew MISKELL	M			01:02:38	01:01:47
836	Joe WARD	M			59:33	59:08	918	Seren HATHWAY	F			01:02:41	01:02:41
837	Mike ENGLISH	M	M40		59:34	58:46	919	David JONES	M	M40		01:02:47	01:02:11
838	Debra LEDGERTON	F	W40		59:34	59:01	920	Sarah MANNING	F			01:02:47	01:02:11
839	Jim FRODSHAM	M		European Metal Recycli	59:36	58:37	921	Jonathan HUGHES	M			01:02:58	01:01:42
840	Paul O'CONNOR	M			59:37	59:13	922	Adam MCCUDDEN	M			01:03:00	01:02:17
841	Eve SALTER - EVANS	F			59:39	59:06	923	Clinton HASKEW-JONES	M			01:03:00	01:02:04
842	John HOWARD	M	M55		59:39	59:11	924	Tony JONES	M	M45		01:03:00	01:02:04
843	Carol A ALMANSOOR	F	W40		59:39	59:25	925	Jenny RILEY	F			01:03:05	01:02:25
844	Andrew WILLIAMS	M			59:42	58:59	926	Graham COLE	M			01:03:10	01:01:52
845	Angela NERI	F	W45		59:46	59:26	927	Lewis BARRY	M			01:03:11	01:01:43
846	Julian HALL	M	M40		59:49	58:49	928	Andrew COHEN	M			01:03:13	01:02:28
847	Charlotte NAYLOR	F			59:49	59:27	929	Terry MAGUIRE	M	M55		01:03:13	01:02:35
848	Sharon LUCAS	F			59:51	58:49	930	Robbie MAGUIRE	M			01:03:13	01:02:34
849	Heather THOMAS	F			59:52	59:11	931	Gareth HEAP	M			01:03:15	01:02:40
850	Andy HAMILTON	M	M40		59:56	58:52	932	Lindsay GLOVER	F			01:03:17	01:03:01
851	Lindsey STOKOE	F			59:57	59:57	933	David COHEN	M			01:03:23	01:02:38
852	Gareth JOHN	M			59:57	58:52	934	Hiren PATEL	M			01:03:23	01:01:55
853	Zoe WAISTELL	F			59:59	59:18	935	Heather COPLAND	F	W50		01:03:25	01:02:46
854	Derek EATON	M	M50		01:00:00	59:41	936	Margaret DEACON	F	W35		01:03:25	01:02:39
855	Martin GILMORE	M	M40		01:00:01	59:42	937	Helen KEELEY	F	W35		01:03:27	01:02:53
856	Rebecca SOUTHWARD	F			01:00:02	59:39	938	Nige JOHNSON	M	M40		01:03:33	01:03:13
857	Stephen SOUTHWARD	M	M50		01:00:02	59:39	939	Helen BECKETT	F			01:03:33	01:03:13
858	Mickey THOMAS	M	M40	Mysteruns	01:00:02	58:51	940	Lisa CHAPPELHOW	F			01:03:36	01:03:15
859	James STOCKTON	M		Delph Harriers	01:00:05	01:00:05	941	Sandra HARRIS	F	W60	Northern Vets AC	01:03:42	01:02:54
860	Kirsty WHALEY	F	W35		01:00:08	59:53	942	James RICHARDSON	M			01:03:44	01:02:54
861	Ann DAVIES	F	W35		01:00:11	59:35	943	Karen ADKIN	F			01:03:44	01:02:55
862	Deborah GLANVILLE	F	W40		01:00:14	59:29	944	Samantha SINGLETON	F			01:03:51	01:03:12
863	Philip WESTWOOD	M		Bildeston Bounders	01:00:17	59:31	945	Alan HADFIELD	M	M55		01:03:52	01:02:45
864	Elaine TIMMS	F	W50		01:00:19	59:46	946	Robert HADFIELD	M			01:03:53	01:02:43
865	Kathryn HOLMES	F			01:00:20	59:22	947	Barbara FLETCHER	F	W40	Glossop Judo Club	01:03:53	01:03:07
866	Charlie REDFORD	M			01:00:20	59:17	948	Neil STINSON	M		European Metal Recycli	01:03:53	01:02:55
867	Tracy REDFORD	F	W35		01:00:20	59:13	949	Carol CAMPBELL	F	W40		01:03:58	01:03:00
868	Andrea MCGUINNESS	F	W35		01:00:21	59:41	950	Yvonne MCLAREN	F	W40		01:04:00	01:03:02
869	Geoffrey KAY	M	M50	Granada Television	01:00:23	59:21	951	Kim OSCROFT	F	W35		01:04:01	01:04:01
870	Janet BOYD	F	W50	Fitness First - Gorton	01:00:24	59:28	952	Sean CONNORS	M			01:04:02	01:03:25
871	Krzysztof DRUTEL	M	M40		01:00:25	59:12	953	Michelle GLASS	F	W35		01:04:10	01:02:54
872	Judith COHEN	F			01:00:26	59:38	954	Craig GRINDROD	M	M45		01:04:13	01:04:08
873	Matt THOMAS	M		Mansfield Harriers	01:00:31	01:00:02	955	Yvonne WALKER	F	W40		01:04:13	01:03:14
874	Martin KAY	M	M50		01:00:31	59:26	956	Julie HOCKENHULL	F	W45		01:04:17	01:03:38
875	Miras ESKANDER	M			01:00:33	59:55	957	Wilma MANFREDI	F	W55		01:04:17	01:04:17
876	Geoffrey SWINDELLS	M	M60		01:00:35	01:00:13	958	Andrea GROGAN	F	W40		01:04:22	01:03:20
877	Leanne FRANCIS	F			01:00:36	01:00:16	959	Jonathan LEBETER	M			01:04:22	01:03:07
878	Karen JAMES	F	W40		01:00:37	01:00:04	960	Roy TAYLOR	M			01:04:23	01:03:49
879	Phil PENTLAND	M			01:00:40	59:37	961	Rebecca NORMAN	F			01:04:24	01:03:21
880	Mehmet HANCER	M	M40	Glossop Judo Club	01:00:45	59:52	962	Tim NORMAN	M	M45	Cheshire Tally-Ho !	01:04:24	01:03:21
881	Katie TRAVIS	F			01:00:47	59:41	963	Karen LYNCH	F	W40		01:04:29	01:03:59
882	Heidi COPLAND	F			01:00:53	01:00:14	964	Simon ELLIS	M			01:04:29	01:03:56
883	Catherine HARDMAN	F	W45		01:00:56	01:00:28	965	Judith POLKINGHORNE	F	W35		01:04:31	01:03:15
884	Kerry KING	F	W35		01:00:57	01:00:57	966	Patricia BYRNE	F	W45		01:04:32	01:04:32
885	Tom GASKIN	M		Glossop Judo Club	01:01:07	01:00:14	967	Greg CARTER	M			01:04:36	01:03:28
886	Katrina TURNER	F			01:01:07	01:00:46	968	June ALLINGAN	F	W60	Royton Road Runners	01:04:39	01:03:43
887	Susan BEAN	F	W55		01:01:10	01:00:51	969	Marjorie GOLDUP	F	W50		01:04:42	01:03:58
888	Barry BRADFORD	M			01:01:16	01:00:41	970	Alison MITCHELMORE	F			01:04:44	01:04:18
889	Jonathan MORAN	M			01:01:20	01:00:40	971	Neil BRIDSON	M			01:04:47	01:04:47
890	Amanda WRATTEN	F			01:01:23	01:01:00	972	Anne-Marie CARTER	F			01:04:51	01:03:56
891	Luigi MANSI	M	M40		01:01:24	01:00:27	973	Harry ASHTON	M	M60		01:04:52	01:03:32
892	Mags MEECHAM	F			01:01:24	01:00:18	974	Sarah JACKSON	F	W35	Hill International Ladies	01:05:02	01:04:03
893	Carol FELL	F	W55	Warrington Road Runne	01:01:28	01:00:41	975	Michele BURGESS	F	W40	Hill International Ladies	01:05:02	01:03:58
894	Suzanne RAYSON	F		Hill International Ladies	01:01:30	01:00:30	976	Yuk Shing CHAN	M	M45	'Y' CLUB	01:05:03	01:04:06
895	Anand S AHUJA	M	M60	Lostock A C	01:01:30	01:01:30	977	Brian PLATT	M	M70		01:05:03	01:03:54
896	Katie PARLATT	F			01:01:35	01:00:54	978	Robert COMER	M	M55	Rainbow Runners	01:05:05	01:04:03
897	Lee JONES	M			01:01:35	01:00:39	979	Zoe TAYLOR	F			01:05:05	01:05:05
898	Stephanie BRAZIER	F	W40		01:01:36	01:00:49	980	Margaret MCNAULL	F	W45		01:05:10	01:04:44
899	Hayley GODDARD	F		Chorlton Runners	01:01:37	01:00:59	981	Fran COX	F	W55		01:05:12	01:04:55
900	Kath ROBERTS	F	W45		01:01:41	01:01:06	982	Mike HARE	M	M50		01:05:14	01:04:11
901	Melanie HERBERTSON	F			01:01:41	01:01:12	983	Pete EYRE	M	M40		01:05:22	01:04:40
902	Debbie WILSON	F	W45		01:01:44	01:00:58	984	Nicola GRUNDY	F			01:05:22	01:05:22

City Of Manchester 10k

Results

Pos.	Name	Sex	Class	Club	GunTime	ChipTime	Pos.	Name	Sex	Class	Club	GunTime	ChipTime
985	Barry LEBETER	M	M55		01:05:24	01:04:12	1067	Lesley BURKE	F			01:12:36	01:11:47
986	Iain DAVIDSON	M			01:05:27	01:04:31	1068	Jack KIRK	M	M70	Middleton Harriers	01:12:41	01:12:03
987	Clare PRESTON	F			01:05:33	01:05:00	1069	Rachel Liane COOPER	F			01:12:57	01:12:57
988	Jenny TAYLOR	F	W55		01:05:38	01:05:11	1070	Darren SPEED	M	M40		01:13:03	01:11:54
989	Joel TAYLOR	M		Manchester Connexions	01:05:40	01:04:29	1071	Kate TOWNNER	F			01:13:11	01:12:03
990	Ako OJONG	M		Manchester Connexions	01:05:40	01:04:25	1072	Luqmania KHAN	M			01:13:17	01:12:02
991	Clare CONVERY	F	W40		01:05:40	01:04:15	1073	Sam AGA	F		L A Fitness	01:13:20	01:12:50
992	Coleen LISETT	F			01:05:43	01:04:39	1074	Louise TROYANO	F	W35		01:13:22	01:12:20
993	Nichola BLOW	F		Winston Runners	01:05:44	01:05:44	1075	Matt KELLY	M	M40		01:13:25	01:13:25
994	Darren WALKER	M	M40		01:05:44	01:05:26	1076	Thomas EDWARDS	M			01:13:28	01:12:40
995	Lucy ERRINGTON	F			01:05:51	01:04:51	1077	Emma RIMMER	F		European Metal Recycli	01:13:42	01:12:33
996	Andrew GILLIGAN	M			01:05:54	01:05:54	1078	Chris CAFFREY	M		European Metal Recycli	01:13:42	01:12:33
997	Sally GOULD	F			01:05:54	01:05:54	1079	Debbie HENDERSON	F	W35		01:13:42	01:13:00
998	Jennifer CHRISTOPHER	F	W50		01:05:56	01:04:57	1080	Charlie WALDUCK	F			01:13:55	01:13:27
999	Rebecca HILLS	F			01:06:02	01:05:26	1081	Mark ROWANDS	M	M40		01:13:55	01:13:27
1000	Annmarie TAGUE	F			01:06:04	01:05:10	1082	Janet SCHULLER	F	W45		01:14:08	01:13:31
1001	Robert COLLIER	M	M50		01:06:04	01:05:02	1083	Emma COLE	F			01:14:15	01:14:11
1002	Tracey WINSPEAR	F	W35	Glossop Judo Club	01:06:08	01:05:16	1084	Maria DAVIDSON	F	W40		01:14:23	01:13:27
1003	Steven BREWER	M			01:06:12	01:05:23	1085	Virginia SAWYER	F	W45		01:14:23	01:13:26
1004	Amy BARON-HALL	F			01:06:15	01:06:15	1086	Matt KNOWLES	M			01:14:33	01:14:33
1005	Maggie GROARKE	F	W35		01:06:17	01:06:02	1087	Zoe KERMATH	F		Preston North End F C	01:14:39	01:13:22
1006	Bridget DRISCOLL	F	W35		01:06:18	01:06:18	1088	Vivienne ETTFIELD	F	W35	Preston North End F C	01:14:39	01:13:22
1007	Helen JOHN	F			01:06:22	01:05:17	1089	Gordon BUSHELL	M	M45		01:14:51	01:14:31
1008	Dale GRIFFITHS	M			01:06:32	01:05:43	1090	Helen WALKER	F	W45	Hill International Ladies	01:14:52	01:13:52
1009	Lisa TOBIN	F	W40		01:06:39	01:06:31	1091	Tina CASSIDY	F			01:15:11	01:13:53
1010	Claire HOBBS	F			01:06:47	01:05:32	1092	Matt COOTE	M			01:15:11	01:13:53
1011	David HOBBS	M	M60		01:06:47	01:05:32	1093	Daniel ETTFIELD	M		Preston North End F C	01:15:16	01:13:59
1012	Joanne LAFFERTY	F			01:06:48	01:06:06	1094	Louise DEWS	F			01:15:16	01:14:41
1013	Margaret CARLETON	F	W50	Winston Runners	01:06:53	01:05:57	1095	Helen CALDBECK	F	W35		01:15:29	01:14:21
1014	Anna WICKHAM	F	W35	Glossop Judo Club	01:06:53	01:06:23	1096	Elizabeth SWINDELLS	F	W50		01:15:46	01:15:27
1015	Jane WILSON	F	W40		01:06:53	01:06:23	1097	Vanessa HALL	F	W35		01:16:05	01:14:50
1016	Michael JARVIS	M		Hyde Village Striders	01:06:55	01:06:02	1098	Claire DOLBY	F			01:16:06	01:14:56
1017	Brian ASHLEY	M	M50		01:06:56	01:06:02	1099	Tina BARLOW	F	W35	Glossop Judo Club	01:16:12	01:15:26
1018	David Allan EVANS	M	M40		01:07:03	01:06:28	1100	Jane DEANE	F	W40		01:16:37	01:15:29
1019	Sarah MORTON	F			01:07:05	01:06:35	1101	David LOWERY	M	M40		01:16:40	01:15:21
1020	Debbie OPOKU	F	W40	'Y' CLUB	01:07:07	01:07:07	1102	John HOGG	M			01:17:01	01:16:19
1021	Stuart BRAME	M	M40		01:07:08	01:05:59	1103	Victoria WILLIAMS	F			01:17:02	01:16:20
1022	Christopher C CLODE	M	M50	East Cheshire Harriers	01:07:15	01:06:01	1104	Sonia HIGGINS	F	W45		01:17:30	01:16:21
1023	Christine SMITH	F	W50	Royton Road Runners	01:07:15	01:06:14	1105	Marie FRAZER	F	W50		01:17:30	01:16:17
1024	Lynne K CHAPLIN	F	W45		01:07:16	01:06:56	1106	Julie QUINN	F	W35		01:17:46	01:16:28
1025	Marie Yvonne ARMSTRONG	F	W55		01:07:16	01:06:56	1107	ARRUTHERS Jacqueline CARR	F	W35		01:18:30	01:18:06
1026	Serena MAWSON	F			01:07:25	01:07:16	1108	Josh BARRETT	M			01:18:30	01:18:06
1027	Lindsay RICHARDS	F	W35		01:07:28	01:07:12	1109	Karen BROWNE	F	W35		01:18:43	01:17:31
1028	Karen SCOTT	F	W40	Running 4 Women	01:07:28	01:07:13	1110	Angela BROWNE	F			01:18:44	01:18:44
1029	Stanley WILLCOX	M	M70		01:07:33	01:07:02	1111	Gillian BURROW	F	W45		01:19:09	01:18:16
1030	Janet HOWARTH	F	W60		01:07:39	01:06:39	1112	Rebecca JOHNSON	F			01:19:09	01:18:18
1031	Jackie GOODEN	F	W40		01:07:49	01:06:55	1113	Alan LAST	M	M45	Jim Beam Quartet	01:21:30	01:20:39
1032	Shaun ROYLE	M			01:07:50	01:06:37	1114	Peter SEATON	M	M50	Jim Beam Quartet	01:21:31	01:20:40
1033	Louise SELL	F	W40		01:08:28	01:08:28	1115	Michael DARKIN	M	M55	Jim Beam Quartet	01:21:33	01:20:42
1034	Rebecca TALLENTIRE	F	W40		01:08:53	01:08:14	1116	Jason DUXBURY	M			01:22:22	01:20:54
1035	Aisha ALI	F		Lorimer Group	01:09:20	01:08:05	1117	Ali DEMIRCI	M	M40		01:22:22	01:20:54
1036	Donna OILLER	F		Running 4 Women	01:09:21	01:09:21	1118	Lindsay JACKSON	F	W40		01:23:25	01:22:06
1037	Kathryn PRICE	F	W45		01:09:24	01:08:17	1119	Ian STEWART	M	M45		01:23:25	01:23:25
1038	Jane WALKER	F	W50		01:09:24	01:08:34	1120	Karen BUCKLEY	F	W35	Manchester Connexions	01:23:29	01:22:11
1039	Richard PRICE	M	M40		01:09:24	01:08:17	1121	Maggie FLINT	F	W50	Manchester Connexions	01:23:29	01:22:11
1040	Jim BRENNAN	M	M55		01:09:33	01:08:49	1122	Joan IJAZ	F	W45		01:23:58	01:23:04
1041	Julie WARDLE	F		Glossop Judo Club	01:09:44	01:08:58	1123	Helen SMITH	F	W35	European Metal Recycli	01:23:58	01:22:51
1042	Christine MONK	F	W40		01:09:45	01:09:17	1124	SOUTHWARD Michelle SOUT	F			01:24:04	01:23:40
1043	Katharine Mary SULLIVAN	F			01:10:25	01:09:42	1125	Sara TAYLOR	F			01:24:04	01:24:04
1044	Rachel DAVIES	F			01:10:25	01:09:41							
1045	Kevin HAYWOOD	M			01:10:29	01:09:20							
1046	Julia ANDERSON	F	W40		01:10:41	01:09:55							
1047	Carol Ann SIMCOX	F	W60		01:10:44	01:10:44							
1048	Gillian ROBERTS	F	W45	Middleton Harriers	01:10:46	01:10:46							
1049	Clare MAHONEY	F			01:10:47	01:10:47							
1050	Pete WILCOCK	M			01:10:49	01:10:11							
1051	Rick JOHNSON	M		Glossop Judo Club	01:10:52	01:09:57							
1052	Bridie WATKIN	M			01:10:58	01:10:01							
1053	Brodie WATKIN	M			01:10:58	01:10:00							
1054	Sonia OAKES	F			01:11:03	01:10:20							
1055	Barry DAVIS	M			01:11:04	01:10:18							
1056	Lisa HUMPHREYS	F	W45		01:11:18	01:11:18							
1057	Sarah WHITHAM	F	W40		01:11:18	01:10:55							
1058	Barry LAWLOR	M			01:11:36	01:11:03							
1059	Kate MCCLEAN	F			01:11:37	01:11:03							
1060	Robert GREAVES	M	M40		01:11:49	01:10:42							
1061	Emily MCNICHOLL	F	W35		01:11:56	01:10:46							
1062	Louise BLACKLOCK	F		Winston Runners	01:12:00	01:11:39							
1063	Marta WYPYCH	F			01:12:05	01:11:50							
1064	Julie CONLEN	F	W35		01:12:17	01:11:08							
1065	Olivia GRANT	F			01:12:23	01:11:11							
1066	Susan HEGARTY	F			01:12:23	01:11:11							

City Of Manchester 10k

Gender Results

Male

Pos.	Name	Cat.	Club	Time	Pos.	Name	Cat.	Club	Time
1	Peter RILEY		Leigh Harriers	29:24	80	Richard HOLLAND			41:00
2	Jean NDAYASENGA			30:01	81	Lee GRAYSHON		Begbies Traynor	41:05
3	Nick GOODLIFFE		Holmfirth Harriers	30:08	82	Michael J JOHNSON	M40		41:07
4	Simon TONUJ			30:37	83	Michael HILTON			41:10
5	Tomas ABYU		Salford Harriers	30:56	84	Steven R CARROLL	M40		41:13
6	Alan VAUGHAN		Etyfi	31:29	85	David EMANUEL	M40	Royton Road Runners	41:14
7	Matthew PIERSON		Holmfirth Harriers	31:34	86	Allisdhair MCNAULL	M45	Cheshire Hash House Harriers	41:14
8	Tarus Ely			31:56	87	Gary COXON	M50	East Cheshire Harriers	41:17
9	Mark CROASDALE	M40	Lancaster & Morecombe A C	32:16	88	Dominic WALSH			41:20
10	Mike WHYATT	M40	Garstang A C	33:43	89	Mick GAVIN	M45		41:27
11	Rasdislav NAJDEK			34:02	90	Stephen WHITE			41:27
12	David LOCKETT	M40	Salford Harriers	34:04	91	Robert ASHTON	M45		41:28
13	Peter SPEAKE		Bildeston Bounders	34:21	92	Aidan KAVANAGH	M50		41:32
14	Mike SHAW	M40	Stockport Harriers	35:10	93	Derek MURPHY	M45		41:35
15	Banuelia KATESIGWA			35:20	94	Ben NORMAN			41:38
16	Jim C PENDRILL		Wilmslow R C	35:25	95	John HANLON		East Cheshire Harriers	41:45
17	Paul FAULKNER		Hallamshire Harriers	35:38	96	Gary OULDS	M45		41:46
18	Neil ALLEN			35:41	97	Maurice SMITH	M55		41:51
19	Mark J SWANNELL		Bolton United Harriers	36:12	98	John HATFIELD	M40		41:56
20	Owen Roger FLAGE		Oldham & Royton Harriers	36:21	99	Matthew SAXTON			41:57
21	Phil STANNARD		Manchester Tri Club	36:26	100	Richard GREEN			42:01
22	Darren MORAN			36:28	101	David J SHEPHERD	M45	Holmfirth Harriers	42:03
23	Daniel MCGRATH			36:28	102	Mike SINGLETON	M40		42:03
24	Gavin ASTIN	M40	Stockport Harriers	36:32	103	Christopher DOE			42:04
25	Alan POVER	M55	Stockport Harriers	36:38	104	Kevin BURROWS			42:20
26	Michal VINCENC			37:05	105	Paul LEATHERBARROW			42:26
27	Adam DREWERY		Scunthorpe A C	37:11	106	Raj PATEL	M40		42:30
28	Lee WOODS		Sale Harriers	37:14	107	Simon ROBERTS			42:34
29	James O'CONNOR		Middleton Harriers	37:15	108	Darryl BROCK			42:45
30	Christopher GIBBS	M40	Wirral A C	37:19	109	Ian SPENDLOVE	M40		42:46
31	Tomasz SEKYRA			37:25	110	Robert ALLEN	M40		42:49
32	Keith JONES	M40	Ellesmere Port R C	37:27	111	David J PHILLIPS	M60	Royton Road Runners	42:52
33	Jonathan TIMMS			37:36	112	Peter DARLINGTON	M40	'Y' CLUB	42:54
34	Mark SALTER	M40		38:02	113	Chris HARBON		Macclesfield Harriers	42:56
35	John O'REILLY	M55	'Y' CLUB	38:10	114	Brendan MURDEN	M55		42:57
36	Bernard CASSIDY	M45	Royton Road Runners	38:13	115	Mark ROBINSON			42:57
37	Paul HOWARTH			38:18	116	Jamie DUFFY			42:59
38	David CARTHY	M45	Preston Harriers	38:20	117	Christopher EAVERS	M50	Royton Road Runners	43:03
39	Nigel SEDMAN	M40	Belle Vue Racers	38:24	118	Mark ARMSTRONG	M50		43:04
40	John QUIRK			38:29	119	Rob ANKER			43:04
41	Ed FAZAKERLEY			38:30	120	John MORLEY	M45		43:04
42	Graham CHESTERS	M45	Middleton Harriers	38:43	121	Simon PERRY		Action Heart	43:05
43	Rob SOUTH			38:46	122	Mark CAMPION			43:06
44	Peter ROGERS	M40	Stockport Harriers	38:51	123	Robert KELLETT	M40	Royton Road Runners	43:07
45	Howard ISSATT			38:56	124	Darren TYLDESLEY	M40		43:17
46	Craig HUNT			38:58	125	Paul STANLEY	M40	Begbies Traynor	43:22
47	David J WILLIAMS	M40	Salford Harriers	39:02	126	Joel LAWSON			43:27
48	John K HALLIWELL	M40	Manchester Harriers	39:06	127	Carl BEBBINGTON			43:28
49	Jamie MOYNIHAN			39:08	128	Brian MANCHESTER		Brabners Chaffe Street LLP	43:30
50	Jim GARSIDE			39:14	129	Paul WRIGHT	M40	Manchester Tri Club	43:31
51	Alexander CHADWICK		Bolton United Harriers	39:15	130	Kieron JAMES	M40	Vegan Runners U K	43:32
52	John A BATTERSBY	M45	Sale Harriers	39:24	131	Dave ROBERTS	M50	Glossop Judo Club	43:34
53	Stewart ANDERSON	M45		39:26	132	Kenneth DOBSON	M40	East Manchester Harriers	43:35
54	Stuart CARROLL		Royton Road Runners	39:27	133	Anthony NAULTY	M45	Northern Vets AC	43:37
55	Dennis WHARTON	M50	St Helens Sutton A C	39:28	134	Howard YAFFE	M50		43:41
56	James HALLIGAN	M40	Andems Runners	39:35	135	Trevor ADEY			43:42
57	Trevor EAST		Eton Manor A C	39:40	136	Richard RANDS			43:42
58	Brad EHLEN		Spectrum Striders	39:41	137	Andy VAUGHAN			43:44
59	Simon KNIGHTON		Stockport Harriers	39:41	138	Lee SMITH			43:46
60	Simon R PARKINSON			39:43	139	Scott ROBINSON	M40		43:47
61	Gordon MILLS		'Y' CLUB	39:43	140	Stephen WIGGINS			43:49
62	Chris Veale			39:45	141	Matthew DUNN			43:55
63	Phil WARBURTON			39:45	142	Alan BURTON			44:02
64	Ben GREGORY	M50	Stockport Harriers	39:45	143	Richard DAVIES	M40		44:04
65	Kenneth MEANEY			39:56	144	Andy COPLAND	M50		44:09
66	Bernard GOODWIN		Royton Road Runners	40:02	145	Steve MANSFIELD	M40		44:09
67	Stan CURRAN	M55	Salford Harriers	40:04	146	Mike HAYES	M45		44:14
68	Oscar NIETO-CEREZO			40:06	147	Patrick WALSH		Trafford A C	44:14
69	Stuart STACKHOUSE			40:13	148	Billy CRAIG			44:15
70	Stuart CARTER			40:21	149	Simon STEAD	M40		44:17
71	Jon SARGEANT	M40	Belle Vue Racers	40:27	150	Brian James O'REILLY	M40		44:18
72	Gareth SIMPSON			40:32	151	Dennis MORAN	M60	Salford Harriers	44:19
73	Eric RIX			40:36	152	Darren DENTITH			44:22
74	Matthew LEES			40:40	153	Ian CHILVERS			44:25
75	Andrew CAIN			40:43	154	Stuart HUTCHISON			44:26
76	Paul CARRIER			40:43	155	David P J SMYTH	M55	Begbies Traynor	44:26
77	Matt HARGREAVES		Brabners Chaffe Street LLP	40:46	156	Anthony HEATON			44:27
78	Paul NICHOLS		Wilmslow R C	40:50	157	Stephen COLLEY			44:28
79	Graham SCREAWN	M40		40:54	158	Paul JOHNSON			44:32

Male

Pos.	Name	Cat.	Club	Time	Pos.	Name	Cat.	Club	Time
159	Karl BRYERS			44:34	238	Geoff HAYES	M55	Barnsley Harriers	46:54
160	Adam HARLICK			44:37	239	Shane MAGUIRE			46:57
161	Chris JONES	M40	Salford Metropolitan A C	44:37	240	Stephen BOYD	M50	Fitness First - Gorton	46:58
162	Joe HOWELL			44:40	241	Mark LINAKER	M40		46:59
163	John FEEGAN	M40		44:41	242	Andrew OVENS			47:00
164	Orys Lino Michael SENIUK	M45		44:41	243	John Gerard MALONE	M50	Winston Runners	47:01
165	Howard MCVAY	M45		44:41	244	Michael THIRSK	M50	Stockport Harriers	47:01
166	Phil HOWARTH			44:41	245	Steve JOHNSON	M45		47:02
167	David GIRT	M45		44:44	246	Andrew DOOLEY	M45		47:02
168	Alastair MCEWAN		Accrington Road Runners	44:45	247	Colin TOOLE	M40		47:02
169	David SMITH	M50	Royton Road Runners	44:46	248	Martin HOLOHAN			47:08
170	Les PILKINGTON	M45		44:46	249	Paul WALSH			47:11
171	Lee MCCOURT		Manchester Harriers	44:47	250	George MEYNELL	M60	Royton Road Runners	47:12
172	Jason BOWERS			44:56	251	Anthony MCCORMACK			47:17
173	Tony HOUGHTON	M45	Belle Vue Racers	44:56	252	David A WOOD	M45	Manchester Harriers	47:19
174	Richard UPTON	M45		44:57	253	Mike ROBERTS	M45	North West Hobblers	47:19
175	Poul Martin PEDERSEN			44:57	254	Stuart BARNES	M40		47:19
176	Frank DRISCOLL			44:59	255	Ronan O'CUALAIN			47:20
177	Chris REID	M45	St Helens Sutton A C	45:00	256	Mike HURST	M40		47:20
178	Richard SUTCLIFFE		Barton A C	45:00	257	Neil ATKINSON			47:22
179	Tony GREEN	M45		45:01	258	Enea DIMAURO	M40		47:23
180	Michael LONG	M55	Bingley Harriers	45:04	259	Tom KASPROWICZ	M40	Road Runners Club	47:25
181	John FALENCKI			45:11	260	Chris SALTER - EVANS			47:32
182	Laurence JACKSON		Bolton Metro Tri Club	45:14	261	Nigel J HANSON	M50	Todmorden Harriers	47:42
183	Ian DIGNAM			45:17	262	James CORNER			47:43
184	Mark DAVIES			45:20	263	Michael BUTLER	M40	Glossop Judo Club	47:45
185	Paul CARROLL			45:22	264	Andrew JOHNSON	M40		47:45
186	Matt SLATER			45:23	265	Daniel BUTCHER			47:47
187	Paul HERD	M50		45:24	266	Paul SEYMOUR			47:49
188	Matthew MALONE		Winston Runners	45:25	267	Adrian BOYD			47:50
189	John PRITCHARD		Glossop Judo Club	45:27	268	Steve DEVONPORT			47:50
190	Greg KEYNES	M50	Manchester Front runners	45:31	269	Trevor William GRUNDY	M60	Royton Road Runners	47:51
191	John COLLING	M40		45:32	270	Derek ANDERS	M40		47:52
192	Dean ROBINSON			45:36	271	Paul WHITWORTH	M45		47:53
193	John Fenton			45:37	272	Alistair CRAIG			47:54
194	Chris TALKS			45:37	273	Ben GIBBINS			47:55
195	Dean HOWARD		Glossop Judo Club	45:40	274	Christopher RAGGETT	M40		47:56
196	John PIETSCH	M40		45:43	275	Darren BUCYS			47:57
197	Ian ASHENDEN			45:44	276	Matt CLIFFORD			47:57
198	Paul MCKERLEAN			45:45	277	Tony SMITH	M40	Salford Harriers	47:58
199	Ben JONES			45:47	278	Chris SHORT			48:03
200	Ronald G GAYNER	M55		45:48	279	Keith TOLAN	M50		48:05
201	Jonathan Mark BALDING			45:49	280	Neil HAMILTON			48:05
202	Robert JOHNSON			45:49	281	Jeff CORDWELL	M55	Royton Road Runners	48:06
203	Stephen BEARDMORE	M40		45:50	282	Anthony MCGOWAN			48:09
204	Andrew CUTHBERT	M40		45:51	283	Graeme SEMPLE		Manchester Front runners	48:10
205	Martin HOPE	M40		45:52	284	John WALL	M45		48:12
206	Simon TURPIN			45:55	285	Rob MCRAE			48:14
207	Ian SMITHAM	M55		45:58	286	David COOPER			48:15
208	Ian LOMAS			45:59	287	Tom JOHNSTON			48:16
209	Alan CONNOR	M50		46:00	288	Michael LOGAN	M50		48:17
210	Steve RAFFERTY			46:02	289	Mike GANDY		Breckenridge R C	48:19
211	Mark SAXTON	M45		46:03	290	Graham NORTON	M40		48:19
212	Terry AXON	M45		46:05	291	Timothy WILLIAMS			48:20
213	Gary WATTS		European Metal Recycling	46:08	292	Steve AMOS	M45		48:22
214	Michael JOYCE	M45	'Y' Club - Wrestlers Team	46:08	293	Gary MITCHELL			48:22
215	Peter SHIPSTON			46:10	294	Stephen GAUNT		Belle Vue Racers	48:23
216	Andy CLARK	M45		46:15	295	Sean MCGRATH			48:23
217	Steve GRANT			46:17	296	Mark MCLOUGHLIN	M50		48:23
218	Gavin BLACKBURN			46:19	297	Graham HOWELL	M55	Liverpool Harriers	48:23
219	Gareth PASHLEY			46:19	298	Graeme BRUCE		Manchester Tri Club	48:26
220	Paul J MATLEY	M40		46:19	299	Gareth BOYD			48:28
221	Phil ROE	M40		46:20	300	James MALONE		Winston Runners	48:32
222	Paul WAINWRIGHT		'Y' CLUB	46:21	301	Andrew MALONE		Winston Runners	48:32
223	Anthony FLETCHER	M45		46:27	302	Ian TAYLOR	M55		48:33
224	Greg COX			46:28	303	Iain STACKHOUSE			48:33
225	Neil STOCKLEY	M40		46:29	304	Craig PICKFORD		European Metal Recycling	48:35
226	Mark DEAN			46:32	305	Sebastien MALLET			48:35
227	Jack HINDS			46:32	306	Elliot SIMM			48:36
228	Benjamin SMITH			46:35	307	Helen HOWARD	W35	Glossop Judo Club	48:37
229	Mat WADESON			46:36	308	Jack JOYCE			48:37
230	Jonathan BLACKLEDGE		Glossop Judo Club	46:39	309	Patrick MURDEN			48:37
231	Dominic DONEGAN			46:40	310	David SMITH	M45		48:37
232	Robin LAWLER	M50		46:42	311	Tony BUXTON	M45		48:41
233	Paul KENWORTHY			46:45	312	Brian MASON	M55	Winston Runners	48:42
234	Roger RAWLINSON	M45		46:45	313	David HOBBS	M45		48:42
235	Bryan SAUNDERS	M50		46:46	314	Andrew BENTLEY	M45		48:42
236	Pat O'HAGAN	M45		46:48	315	Andy WHEELER	M50	The Stragglers	48:43
237	Tom BROUGH			46:51	316	Nick CAVANAGH			48:45

Male

Pos.	Name	Cat.	Club	Time	Pos.	Name	Cat.	Club	Time
317	Shaun HINCHY			48:54	396	Curtis CHAPMAN			50:51
318	Edward GEE	M60		48:57	397	David CLEMENTS			50:57
319	Kevin O'BRIEN	M60	Clayton - Le - Moors Harriers	48:57	398	Simon ROBINSON			50:58
320	Terence H FINN	M40	Greater Manchester Police	48:58	399	Ashok KALLUMPRAM	M45	Premier Textiles Ltd	51:02
321	Tom Harper			48:58	400	Thomas CUMMINS	M50		51:03
322	David LEIGHTON			48:58	401	Peter BYRNE			51:04
323	Paul JENNINGS			49:02	402	John MCMULLEN			51:05
324	Steven D PHILLIPS		Glossop Judo Club	49:05	403	Paul S MCMANUS	M40		51:07
325	Gary COOKSON	M40		49:08	404	Mark NOLAN			51:11
326	Mike LILLEY	M50	Swinton Running Club	49:08	405	Gary MACPHERSON			51:12
327	Owen MURRAY			49:10	406	Tim BOYLE	M50	Fell Runners Association	51:12
328	Neil CUTLER	M40		49:15	407	Pushpa DEWAN	W35		51:15
329	Richard LEACH		Worksop College Athletics Club	49:15	408	Philip OLDFIELD	M40	Premier Textiles Ltd	51:19
330	Martin WOOD	M45		49:15	409	Josef HEESOM			51:20
331	Simon WEBB			49:16	410	Peter WHITWORTH	M40	Middleton Harriers	51:24
332	Sean PICKLES			49:16	411	Stuart JONES	M45		51:26
333	Phillip KING	M45		49:17	412	Jean - Pierre LAURENT	M50		51:29
334	Timothy BODDY			49:18	413	Mathew KEOGH	M40		51:29
335	Giles MORRIS		'Y' CLUB	49:20	414	Alun HOPKINS			51:30
336	Paul WALKER			49:22	415	Julian SAUNDERSON	M45		51:30
337	Peter HARROLD	M40	Greater Manchester Police	49:24	416	Nick RAMSDEN			51:31
338	Chris BURROWS			49:24	417	Chris KERFOOT	M45		51:32
339	Adrian MELBOURN			49:25	418	Graham WILKINS			51:34
340	David HALL	M40	Middleton Harriers	49:26	419	Michael GIBSON			51:36
341	Steve MACLURE		Wigan Phoenix	49:27	420	Donald BEAVER	M55		51:36
342	Robert HAINES			49:29	421	Matt CRONSHAW			51:37
343	Walter SMITH			49:32	422	Shaun PETERS			51:37
344	Stephen WEBB		Belle Vue Racers	49:33	423	Stephen MANNION			51:38
345	Martyn PRICE			49:33	424	David ASPINALL		Styal Running Club	51:40
346	Neil HORRIDGE	M50		49:34	425	Darren HONEYFORD			51:40
347	Ian HORRIDGE	M45		49:34	426	Mark DURHAM			51:46
348	Tony MILLWARD	M40		49:34	427	Geoffrey KNOWLES	M45	Bolton United Harriers	51:50
349	Philip MCQUEEN	M50	'Y' CLUB	49:37	428	Mark LANCASTER			51:51
350	John MOSS		Hill International	49:40	429	Edward GREAVES	M60		51:52
351	Donald GIBBS	M40		49:41	430	Aidan BUCKNALL	M45		51:56
352	Martin NANCE	M50		49:47	431	Robert F PAGE	M50	Chorlton Runners	52:00
353	Paul NUGENT	M40		49:47	432	Malcolm TOWLER	M60	Northern Vets AC	52:00
354	Alan RICHARDSON	M40		49:48	433	Jock PLOMMER	M60		52:01
355	Kevin CARTER			49:48	434	Anthony WEARDEN			52:02
356	Matt DYKINS			49:51	435	Adam POTTS			52:06
357	David BARCLAY	M45		49:53	436	Colin PILKINGTON	M70		52:09
358	Paul HEATHCOTE			49:54	437	Darryl MCLEAN			52:12
359	Paul ELLIS			49:55	438	Kevan BRELSFORD		Glossop Judo Club	52:13
360	Andrew GREGORY	M70	Macclesfield Harriers	49:56	439	Craig WADESON	M40	Basingstoke & Mid Hants	52:14
361	Phil ALLEN	M40		49:56	440	Dean HOWARTH			52:15
362	Simon HOWARTH			49:58	441	Peter KAY	M45		52:16
363	Craig ELLIS			49:59	442	David LATHAM	M45	Hill International	52:18
364	Joe LEE	M45		50:00	443	Paul Richard TALBOT	M40	Glossop Judo Club	52:20
365	Owain SAUNDERS			50:03	444	Adrian HANCOX			52:21
366	Bryan HAY	M50		50:03	445	Michael SHAWCROSS			52:21
367	Michael FARRELLY	M50	Winston Runners	50:04	446	John GRIFFITHS	M50		52:22
368	Mike CARR	M55	Road Runners Club	50:04	447	Rob CHADDOCK		European Metal Recycling	52:23
369	James BUCKLEY			50:05	448	Andrew BURKITT			52:23
370	Andrew HOUGHTON			50:06	449	Paul F BATTERSBY	M50		52:24
371	Paul JACKSON			50:07	450	Peter MCNERNEY			52:25
372	Tom SANFORD			50:13	451	John George SMITH	M50	Premier Textiles Ltd	52:27
373	Andrew STEIN	M40		50:13	452	John PHILLIPS			52:28
374	Neil SWAINSON	M45		50:15	453	Christian GOEDE			52:28
375	Jonathan KHAN		Lorimer Group	50:16	454	Neil JACKSON	M40		52:32
376	Keith TIERNEY	M40		50:18	455	Ben FARROW		Glossop Judo Club	52:32
377	Ray BURGE	M45		50:20	456	Tony TESCIUBA	M50		52:35
378	Trevor STRATFORD	M45		50:22	457	Steven JOHNSON	M45	Stockport Harriers	52:39
379	David FISHER		Manchester Front runners	50:24	458	Richard AULT			52:41
380	Marc JACKSON			50:26	459	Peter MORRIS	M55		52:44
381	Mel SMITH	M55		50:27	460	Neil HODGSON	M40		52:46
382	Peter WILLIAMSON			50:31	461	Sigal BARILAN			52:48
383	Ken GRAYWAHL	M55		50:34	462	Robin FEWSTER			52:48
384	Anthony CREGG	M40		50:36	463	James BALMFORTH			52:54
385	Michael SHELMEKDINE	M45		50:37	464	Stephen BARROW	M45		52:55
386	Paul KERRIGAN			50:40	465	Chris HANSON	M55		52:55
387	David OTTIWELL		European Metal Recycling	50:42	466	Marloes MOLINGER			52:55
388	John HENEBERY	M50		50:45	467	Graham SMITH	M45		52:57
389	Robert ROBERTSON	M45		50:45	468	Perry HINTON	M40		52:57
390	Paul WALSH			50:46	469	Ian WHITHAM	M40		53:03
391	Lee LUDFORD			50:47	470	Colin COHEN	M50	Stockport PCT Running Club	53:06
392	Jamie BARRY			50:48	471	Andrew POTTS	M45		53:07
393	Ken Evans			50:48	472	Seb Barre			53:09
394	Brian ROSE	M45		50:48	473	Andy MCCLEAN	M55		53:09
395	Matthew THOMAS			50:51	474	Stephen DEAN		Hyde Village Striders	53:10

Male

Pos.	Name	Cat.	Club	Time	Pos.	Name	Cat.	Club	Time
475	Mike BARRY			53:10	554	Noel WILKES - WELLS			55:25
476	Stuart ALMOND			53:12	555	Morris FAIRWEATHER	M45		55:32
477	Brent ARMISTEAD	M55	Oldham & Royton Harriers	53:12	556	Neil ROBINSON			55:33
478	Keith TOLLEY	M40		53:14	557	Barry TURNOCK	M60		55:37
479	Jeff CREWDSON	M40		53:15	558	Andy ROBERTS			55:43
480	Paul WILLIAMS	M40		53:15	559	Lee COOK	M40		55:44
481	Mike GARNHAM	M45		53:16	560	Paul SMITH			55:46
482	Ian HAWKSWORTH	M50		53:17	561	Andy SHEARS	M40		55:46
483	John STANWAY	M40		53:18	562	Andy HOLMES	M50		55:47
484	Tony BRAY	M55		53:20	563	Andy BILLINGSLEY	M40	Congleton Harriers	55:47
485	Michael F SKINKIS	M50		53:25	564	Ian HEWLETT			55:49
486	Stephen ROBERTS			53:27	565	Kevin MCLOUGHLIN	M40		55:50
487	James FOSTER			53:28	566	James ABBOTT			55:52
488	Paul CROOK			53:29	567	Patrick J O'DONNELL			55:53
489	Daniel VALENTINE			53:33	568	Anthony DIXON	M40		55:55
490	David BERRY	M45		53:33	569	Eric KINCEY	M55		55:57
491	Ian PARRY	M40		53:33	570	Simon MCKENNY	M45	Hill International	55:58
492	Andrew GODDARD	M40		53:38	571	Robert HARROP			55:59
493	Andrew MACDONALD	M45		53:39	572	Iain MACINTOSH			56:09
494	Matthew LENNARD			53:40	573	Russell BURNHAM		Penny Lane Striders	56:14
495	John HETHERINGTON	M40		53:41	574	Ian BOSWELL	M40		56:19
496	Paul O'BRIEN			53:44	575	Neil WOODS	M40		56:23
497	Ian STEWART	M40		53:46	576	Phil MELLOR	M50		56:30
498	David GRUNDY	M40		53:47	577	Brian BEAL	M60	Middleton Harriers	56:30
499	Steve WOOD	M40		53:47	578	Roy THOMPSON	M55		56:31
500	Daniel KAVANAGH			53:49	579	Steven SPENCER	M40	Glossop Judo Club	56:31
501	Jeff MILLS	M45	Manchester Connexions	53:51	580	Richard VENI			56:32
502	Graham MIDDLETON	M55		53:51	581	Henryk GETZ	M55		56:33
503	Chris FAIRFIELD	M60	East Cheshire Harriers	53:53	582	Michael HANLON	M60		56:33
504	Simon DEWS			53:53	583	Liam BLUER			56:39
505	Gordon SHAW	M45		53:54	584	Daniel MURPHY		Manchester Connexions	56:42
506	John CERE	M40		53:54	585	Laurence COPELAND	M60	Kenilworth R R C	56:43
507	Bob THORN	M60		53:57	586	Stuart TUNNEY			56:49
508	Nick GRIMSHAW	M45		53:57	587	Tony HUNKING	M50	Royton Road Runners	56:54
509	Hugo COLLINGRIDGE			53:58	588	Ron GRABNER	M60		56:57
510	Ali MCGOWAN			53:59	589	Jon LOVATT	M40	Hill International	56:57
511	Callum Ives			54:00	590	Andy WALL		Sale Harriers	56:59
512	- BURROWS Christopher POLKIN			54:04	591	Derek TATTERSALL	M60	Greater Manchester Police	57:00
513	Philip LAWRENCE	M55		54:05	592	Andrew WEBSTER	M45		57:01
514	James P A LANHAM	M55	Manchester Harriers	54:05	593	James OGG		Carrington R U F C	57:04
515	Robert HARDING	M55	Telford Harriers	54:06	594	David CONNELL			57:05
516	Nigel HARRISON	M40		54:06	595	Jerry MACSWEENEY	M50		57:16
517	Nigel MILLIGAN			54:12	596	Dave WILLIAMS	M40		57:16
518	Philip HOYLAND	M40		54:13	597	Stephen WEATHERHEAD			57:20
519	Niall CREMIN			54:14	598	Joe HOPKINS	M40		57:25
520	Steve BASSAM	M50		54:14	599	Geoff HAM	M40	Glossop Judo Club	57:27
521	Michael HOLT	M45		54:24	600	Dave AULT	M45		57:27
522	Jim A RIGBY	M45		54:25	601	Marrit MANDMETS-KANNA			57:28
523	Peter O'NEILL			54:27	602	Jason UNSWORTH			57:33
524	Paul RICHARDS			54:28	603	John OTTIWELL		European Metal Recycling	57:37
525	Paul DONEGAN	M45	'Y' CLUB	54:28	604	Timothy KEMP			57:37
526	Mark BARRETT	M40		54:30	605	Jon BUMSTEAD	M40		57:42
527	Zameer ABBAS	M40		54:30	606	Alex HUNTER			57:44
528	Michael LEDGERTON	M40		54:31	607	Terry BUCKLEY	M40		57:46
529	David HORNBY	M40		54:31	608	Gary SALISBURY	M40		57:47
530	David EAMES			54:33	609	Badshah KHAN		Lorimer Group	57:47
531	Andrew LAW	M40		54:38	610	Tim JONES	M45		57:51
532	Danny CASSELL			54:38	611	David LEUNG	M40		57:52
533	Neil RILEY	M40		54:38	612	Roy LUNT			57:53
534	David NEWTON	M45		54:42	613	Daniel LLOYD			57:54
535	Paul WARDLE			54:44	614	Simon HOWARTH			57:54
536	Shaun CLAFFEY	M45		54:45	615	Peter GALE	M60		57:55
537	Alan ECCLESTON	M50	Granada Television	54:47	616	David COLTON	M50		57:55
538	Ian Stuart HOGG	M45		54:49	617	Anthony PENNINGTON	M40		57:57
539	Richard LOWTON			54:49	618	Michael HUGHES			57:57
540	Mark KUHILLOW			54:52	619	David PICKERING		Granada Television	58:12
541	John CLEGG	M60		54:55	620	Craig SELWOOD			58:16
542	Paul BARROW	M45		55:00	621	Alan BROWN	M55		58:19
543	Mike WILSON	M40		55:00	622	Dermot MONAGHAN	M40		58:19
544	John O'MEARA			55:07	623	Glenn KELLY	M40	Boalloy	58:20
545	Nick SUNDERLAND		Hill International	55:09	624	Matt ADDIE			58:21
546	Adam BAINES		European Metal Recycling	55:09	625	Andrew DENTON			58:28
547	Anthony SCHULLER	M50		55:11	626	John AVERY - PEARSON			58:29
548	Ged BAMFORD	M70	Glossop Judo Club	55:12	627	Niall ENRIGHT	M45		58:36
549	Philip RYDER			55:14	628	Kevin FINNEGAN			58:42
550	Ian GERRARD			55:15	629	Adam FLEMING		Manchester Tri Club	58:44
551	Andrew KILMARTIN	M45		55:15	630	Michael HUGHES	M55	Sale Harriers	58:47
552	Tony HAYHURST	M55		55:23	631	Neil HENDERSON	M40		58:50
553	Tony HARROLD	M45		55:25	632	Ian JOHNSTON	M40		58:54

Male

Pos.	Name	Cat.	Club	Time	Pos.	Name	Cat.	Club	Time
633	Keith JONES			58:55	712	Iain DAVIDSON			01:05:27
634	Peter MORITZ	M45	Barton A C	58:56	713	Joel TAYLOR		Manchester Connexions	01:05:40
635	Matt PARSONS			59:07	714	Ako OJONG		Manchester Connexions	01:05:40
636	Rich GUNN			59:15	715	Darren WALKER	M40		01:05:44
637	Martin WALKER	M50		59:16	716	Andrew GILLIGAN			01:05:54
638	Daniel BOWEN			59:18	717	Robert COLLIER	M50		01:06:04
639	Pete EDWARDS	M40		59:20	718	Steven BREWER			01:06:12
640	Andrzej MALINOWSKI	M55		59:24	719	Dale GRIFFITHS			01:06:32
641	Mike CONWAY	M45		59:25	720	David HOBBS	M60		01:06:47
642	Anthony BERGIN			59:27	721	Michael JARVIS		Hyde Village Striders	01:06:55
643	Philip PARKER			59:30	722	Brian ASHLEY	M50		01:06:56
644	Joe WARD			59:33	723	David Allan EVANS	M40		01:07:03
645	Mike ENGLISH	M40		59:34	724	Stuart BRAME	M40		01:07:08
646	Jim FRODSHAM		European Metal Recycling	59:36	725	Christopher C CLODE	M50	East Cheshire Harriers	01:07:15
647	Paul O'CONNOR			59:37	726	Stanley WILLCOX	M70		01:07:33
648	John HOWARD	M55		59:39	727	Shaun ROYLE			01:07:50
649	Andrew WILLIAMS			59:42	728	Richard PRICE	M40		01:09:24
650	Julian HALL	M40		59:49	729	Jim BRENNAN	M55		01:09:33
651	Andy HAMILTON	M40		59:56	730	Kevin HAYWOOD			01:10:29
652	Gareth JOHN			59:57	731	Pete WILCOCK			01:10:49
653	Derek EATON	M50		01:00:00	732	Rick JOHNSON		Glossop Judo Club	01:10:52
654	Martin GILMORE	M40		01:00:01	733	Bridie WATKIN			01:10:58
655	Stephen SOUTHWARD	M50		01:00:02	734	Brodie WATKIN			01:10:58
656	Mickey THOMAS	M40	Mysteruns	01:00:02	735	Barry DAVIS			01:11:04
657	James STOCKTON		Delph Harriers	01:00:05	736	Barry LAWLOR			01:11:36
658	Philip WESTWOOD		Bildeston Bounders	01:00:17	737	Robert GREAVES	M40		01:11:49
659	Charlie REDFORD			01:00:20	738	Jack KIRK	M70	Middleton Harriers	01:12:41
660	Geoffrey KAY	M50	Granada Television	01:00:23	739	Darren SPEED	M40		01:13:03
661	Krzysztof DRUTEL	M40		01:00:25	740	Luqmania KHAN			01:13:17
662	Matt THOMAS		Mansfield Harriers	01:00:31	741	Matt KELLY	M40		01:13:25
663	Martin KAY	M50		01:00:31	742	Thomas EDWARDS			01:13:28
664	Miras ESKANDER			01:00:33	743	Chris CAFFREY		European Metal Recycling	01:13:42
665	Geoffrey SWINDELLS	M60		01:00:35	744	Mark ROWANDS	M40		01:13:55
666	Phil PENTLAND			01:00:40	745	Matt KNOWLES			01:14:33
667	Mehmet HANCER	M40	Glossop Judo Club	01:00:45	746	Gordon BUSHELL	M45		01:14:51
668	Tom GASKIN		Glossop Judo Club	01:01:07	747	Matt COOTE			01:15:11
669	Barry BRADFORD			01:01:16	748	Daniel ETTFIELD		Preston North End F C	01:15:16
670	Jonathan MORAN			01:01:20	749	David LOWERY	M40		01:16:40
671	Luigi MANSI	M40		01:01:24	750	John HOGG			01:17:01
672	Anand S AHUJA	M60	Lostock A C	01:01:30	751	Josh BARRETT			01:18:30
673	Lee JONES			01:01:35	752	Alan LAST	M45	Jim Beam Quartet	01:21:30
674	Ken HASTINGS	M45		01:02:05	753	Peter SEATON	M50	Jim Beam Quartet	01:21:31
675	Neil O'DONNELL			01:02:16	754	Michael DARKIN	M55	Jim Beam Quartet	01:21:33
676	David DOUGLAS	M55		01:02:36	755	Jason DUXBURY			01:22:22
677	Peter O'KEEFE	M40		01:02:37	756	Ali DEMIRCI	M40		01:22:22
678	Andrew MISKELL			01:02:38	757	Ian STEWART	M45		01:23:25
679	David JONES	M40		01:02:47					
680	Jonathan HUGHES			01:02:58					
681	Adam MCCUDDEN			01:03:00					
682	Clinton HASKEW-JONES			01:03:00					
683	Tony JONES	M45		01:03:00					
684	Graham COLE			01:03:10					
685	Lewis BARRY			01:03:11					
686	Andrew COHEN			01:03:13					
687	Terry MAGUIRE	M55		01:03:13					
688	Robbie MAGUIRE			01:03:13					
689	Gareth HEAP			01:03:15					
690	David COHEN			01:03:23					
691	Hiren PATEL			01:03:23					
692	Nige JOHNSON	M40		01:03:33					
693	James RICHARDSON			01:03:44					
694	Alan HADFIELD	M55		01:03:52					
695	Robert HADFIELD			01:03:53					
696	Neil STINSON		European Metal Recycling	01:03:53					
697	Sean CONNORS			01:04:02					
698	Craig GRINDROD	M45		01:04:13					
699	Jonathan LEBETER			01:04:22					
700	Roy TAYLOR			01:04:23					
701	Tim NORMAN	M45	Cheshire Tally-Ho !	01:04:24					
702	Simon ELLIS			01:04:29					
703	Greg CARTER			01:04:36					
704	Neil BRIDSON			01:04:47					
705	Harry ASHTON	M60		01:04:52					
706	Yuk Shing CHAN	M45	'Y' CLUB	01:05:03					
707	Brian PLATT	M70		01:05:03					
708	Robert COMER	M55	Rainbow Runners	01:05:05					
709	Mike HARE	M50		01:05:14					
710	Pete EYRE	M40		01:05:22					
711	Barry LEBETER	M55		01:05:24					

Female

Pos.	Name	Cat.	Club	Time	Pos.	Name	Cat.	Club	Time
1	Gwyn OWEN		ERYRI	32:00	80	Shelagh MCNERNEY	W45		52:18
2	Emma PHILLIPS		Birchfield Harriers	36:34	81	Mariana PETROVA			52:26
3	Toni MCINTOSH		Stockport Harriers	38:21	82	Kathryn MCKENZIE	W45	Greater Manchester Police	52:27
4	Julia MYATT	W40	Newcastle / Staffs A C	39:36	83	Joan OAKLEY	W45		52:39
5	Alison SEDMAN	W40	Belle Vue Racers	39:41	84	Justine GALLAGHER			52:39
6	Claire BERESFORD			41:24	85	Carol WADESON	W35	Basingstoke & Mid Hants	52:41
7	Andrea FROST	W40	Macclesfield Harriers	41:49	86	Christine HOLT	W40		52:46
8	Joan JACKSON	W50	Northern Vets AC	41:58	87	Leora KUHILLOW			52:47
9	Jo POLLOCK			42:09	88	Emma HUME			52:54
10	Nicola LOGUE	W40	Stockport Harriers	42:44	89	Ann C SILCOCK	W50		52:55
11	Laura WALLACE			43:00	90	Margaret BULLOCK	W40	Altrincham & District	52:58
12	Sheila NOLAN	W45		43:08	91	Jannine MCRAE			53:05
13	Kathleen NOLAN	W40		43:38	92	Karla HOLT		L A Fitness	53:10
14	Totch DULKU			44:15	93	Yvonne MCGLINCHY	W45		53:11
15	Nicci CAWTHORNE		Swinton Running Club	44:17	94	Wendy REDDINGTON	W35		53:14
16	Joanne IBORRA			44:18	95	Michelle DAVIES			53:17
17	Jacqueline BUTLER	W40		44:30	96	Anne ROBERTSON	W45		53:19
18	Vicky WILLIAMS			44:36	97	Tina FLETCHER	W45		53:21
19	Lorraine REGAN	W40		44:55	98	Jemma SHORTT			53:24
20	Catherine RYAN			45:20	99	Michelle ROE	W35		53:30
21	Janine ELLIS	W35	Running 4 Women	45:23	100	Jennie GERRARD			53:43
22	Dee MURRAY		East Cheshire Harriers	45:33	101	Jackie CUNLIFFE	W40		53:43
23	Melissa DRATH	W40		45:38	102	Stephane LEFEBVRE			53:46
24	Deborah SHAW	W40	Royton Road Runners	45:47	103	Kathryn WOODWARD			53:46
25	Helen MCGRATH			46:33	104	Charlotte DURAND			53:50
26	Sarah HEAVEY			46:47	105	Kelly THORN			53:56
27	Fiona BAIRD			47:02	106	Ann LANHAM		Manchester Harriers	53:58
28	Barbara PENDLEBURY	W60	Salford Harriers	47:04	107	Joanne WHITWORTH		Middleton Harriers	54:01
29	Avril CORBETT	W40		47:38	108	Samantha BELL			54:14
30	Georgia BEVAN			47:39	109	Amy WARBURTON			54:16
31	Catherine NEVIN	W50	Penny Lane Striders	47:41	110	Jackie BRADLEY	W35		54:17
32	Jenny GARSIDE	W35		47:43	111	Maz SALEEM			54:26
33	Kirsty READ		Fitness First - Gorton	47:47	112	Louise HARRISON	W35		54:30
34	Jill COLBERT	W35	St Helens Sutton A C	47:50	113	Anne GUY	W45		54:32
35	Catherine BUTLER			47:52	114	Alison WEARDEN	W50		54:33
36	Joanne HUNT	W40		48:02	115	Martina M MAGILL	W35		54:41
37	Victoria SUMMERFIELD		Winston Runners	48:04	116	Eloise WHITMORE			54:49
38	Joanne HULME	W35		48:07	117	Fiona LAW	W40	Altrincham & District	55:00
39	Teresa HOLLINS	W50	Middleton Harriers	48:12	118	Gillian THOMAS	W40	Middleton Harriers	55:05
40	Rebecca JONES		Manchester Front runners	48:29	119	Helen SIMMS	W40		55:06
41	Rebecca HEALEY	W40	Belle Vue Racers	48:38	120	Helen EVANS			55:07
42	Audel PANJALIZADEHSHIRIN			48:40	121	Denise KAY	W40		55:18
43	Siobhan M HALLIGAN	W35	Andems Runners	48:40	122	Emily DAY		Manchester Connexions	55:20
44	Karen NEWBY	W35		48:43	123	Ailsa CHARLTON	W35	Manchester Connexions	55:22
45	Jayne LAWTON	W35	Stockport Harriers	48:44	124	Margaret HAMMERSLEY	W40		55:23
46	Heather MITCHELL	W50	Dewsbury Road Runners	49:02	125	Claire HOLBROOK	W35		55:24
47	Sally JOHNSTON	W40		49:16	126	Charlotte PAWLEY			55:25
48	Alison HOLMES	W50	Middleton Harriers	49:24	127	Helen GALLON			55:33
49	Kerry BLAND	W45	Jack Russell	49:26	128	Claire STOCKWELL	W35		55:39
50	Liesel MCQUEEN		'Y' CLUB	49:26	129	Kate FOWLES	W35		55:41
51	Helen CORBISHLEY			49:28	130	Sarah HARPER			55:48
52	Louise GILCHRIST	W60	Valley Striders A C	49:37	131	Lisa KNIGHT			55:50
53	Jane COLE	W35		49:41	132	Julie CUMMINS	W45		55:51
54	Helen WOODS			49:43	133	Ingrid DEWHURST	W40	East Cheshire Harriers	55:51
55	Amanda BAXENDALE	W35	Astley & Tyldesley Road Runners	49:49	134	Dawn MORRIS	W35	GMC Fire Service	55:59
56	Nicola ENTWISTLE	W35		49:55	135	Jane BARCLAY	W45		56:05
57	Sarah TYRRELL		Sale Harriers	49:56	136	Jane STIRRUP			56:07
58	Victoria SERRAILLIER	W45		50:14	137	Aileen DAVIDSON			56:18
59	Aneta MENICH			50:16	138	Kate HIBBERT			56:23
60	Emma COOPER			50:19	139	Alyson ADAMS			56:24
61	Maggie T HOLT	W45	East Cheshire Harriers	50:28	140	Catherine FARRAR	W35		56:27
62	Laura HOPE	W40		50:32	141	Tara COOK	W35		56:30
63	Mary - Eve MCNERNEY			50:36	142	Alison RAMSAY		Manchester Connexions	56:34
64	Sarah AARONSON	W40	Greater Manchester Police	50:41	143	Laura BRYANT			56:36
65	Julie GIBBS			50:42	144	Jennifer BENNETT	W35		56:40
66	Claire SWARBRICK		Brabners Chaffe Street LLP	50:42	145	Lesley GEORGE			56:42
67	Naomi STONE			50:43	146	Lyn PHILLIPS	W40	Glossop Judo Club	56:48
68	Emily HUGHES			50:47	147	Roisin HARKIN			56:52
69	Karen FLEMING			50:49	148	Julie CASSIE	W35		56:55
70	Susan MONCASTER	W35		50:50	149	Suze MCQUIE			56:57
71	Amanda DAVIES	W40		51:14	150	Marie JONES	W40		56:59
72	Helen KNIGHT	W35	Royton Road Runners	51:19	151	Dawn GREEN	W45		57:03
73	Kathryn MULLINS			51:30	152	Susanna Griffin			57:05
74	Elizabeth THOMPSON		O U P A A C	51:33	153	Wendy RICKARDS	W35		57:05
75	Louise SAUNDERS		Royton Road Runners	51:55	154	Alison CRABTREE	W35		57:05
76	Iris FERBER			51:57	155	Jill MCGRORY	W55		57:12
77	Edy AGER			52:00	156	Monica COLLANTINE	W55	Fitness First - Gorton	57:14
78	Joanne DANAHAR	W35		52:04	157	Barbara HALL	W35		57:14
79	Pamela GRIMSHAW			52:15	158	Cheryl BLAKE	W35	Hyde Village Striders	57:17

Female

Pos.	Name	Cat.	Club	Time	Pos.	Name	Cat.	Club	Time
159	Christine CROWTHER	W50	Salford Harriers	57:21	238	Susan MANUEL	W40	Warrington Road Runners	01:02:35
160	Jeanne JONES	W55		57:28	239	Nicola HARRISON			01:02:38
161	Julia STRATFORD	W45		57:30	240	Seren HATHWAY			01:02:41
162	Catherine DALEY	W35		57:31	241	Sarah MANNING			01:02:47
163	Sarah WILDMAN	W35		57:44	242	Jenny RILEY			01:03:05
164	Sarah RAINEY			57:49	243	Lindsay GLOVER			01:03:17
165	Laura HOWARTH			57:51	244	Heather COPLAND	W50		01:03:25
166	Gina HARLIN	W40		57:52	245	Margaret DEACON	W35		01:03:25
167	Alex KAYE			57:53	246	Helen KEELEY	W35		01:03:27
168	Sue COOK	W35		57:54	247	Helen BECKETT			01:03:33
169	Emma WILSON			57:54	248	Lisa CHAPPELHOW			01:03:36
170	Sue GODDARD	W45	Chorlton Runners	57:55	249	Sandra HARRIS	W60	Northern Vets AC	01:03:42
171	Linda DRAYTON	W45		58:11	250	Karen ADKIN			01:03:44
172	Laura MADDEN			58:21	251	Samantha SINGLETON			01:03:51
173	Maeve O'CONNELL			58:33	252	Barbara FLETCHER	W40	Glossop Judo Club	01:03:53
174	Liz MORTON	W35		58:39	253	Carol CAMPBELL	W40		01:03:58
175	Emma LUKE			58:40	254	Yvonne MCLAREN	W40		01:04:00
176	Amanda BRADBURY		Womens Running Network	58:40	255	Kim OSCROFT	W35		01:04:01
177	Ann FITZPATRICK			58:41	256	Michelle GLASS	W35		01:04:10
178	Fiona THORNTON	W40		58:43	257	Yvonne WALKER	W40		01:04:13
179	Beth YATES			58:45	258	Julie HOCKENHULL	W45		01:04:17
180	Karen WILLIAMS	W35		58:47	259	Wilma MANFREDI	W55		01:04:17
181	Marade BAKER	W40		58:49	260	Andrea GROGAN	W40		01:04:22
182	Joanna BLAIN			58:52	261	Rebecca NORMAN			01:04:24
183	Ciara O'MAHONY			58:54	262	Karen LYNCH	W40		01:04:29
184	Sonia FAIRWEATHER	W45	Hyde Village Striders	58:54	263	Judith POLKINGHORNE	W35		01:04:31
185	Rachael BERESFORD			58:55	264	Patricia BYRNE	W45		01:04:32
186	Marie LORD			59:01	265	June ALLINGAN	W60	Royton Road Runners	01:04:39
187	Louise HADCROFT			59:05	266	Marjorie GOLDUP	W50		01:04:42
188	Elizabeth KERR			59:17	267	Alison MITCHELMORE			01:04:44
189	Claire ROBERTS			59:18	268	Anne-Marie CARTER			01:04:51
190	Sue ACKROYD	W50	Isle Of Man - Veterans Club	59:19	269	Sarah JACKSON	W35	Hill International Ladies - Team 2	01:05:02
191	Rosemary JONES		Winston Runners	59:25	270	Michele BURGESS	W40	Hill International Ladies - Team 2	01:05:02
192	Elizabeth PARTINGTON			59:31	271	Zoe TAYLOR			01:05:05
193	Debra LEDGERTON	W40		59:34	272	Margaret MCNAULL	W45		01:05:10
194	Eve SALTER - EVANS			59:39	273	Fran COX	W55		01:05:12
195	Carol A ALMANSOOR	W40		59:39	274	Nicola GRUNDY			01:05:22
196	Angela NERI	W45		59:46	275	Clare PRESTON			01:05:33
197	Charlotte NAYLOR			59:49	276	Jenny TAYLOR	W55		01:05:38
198	Sharon LUCAS			59:51	277	Clare CONVERY	W40		01:05:40
199	Heather THOMAS			59:52	278	Coleen LISETT			01:05:43
200	Lindsey STOKOE			59:57	279	Nichola BLOW		Winston Runners	01:05:44
201	Zoe WAISTELL			59:59	280	Lucy ERRINGTON			01:05:51
202	Rebecca SOUTHWARD			01:00:02	281	Sally GOULD			01:05:54
203	Kirsty WHALEY	W35		01:00:08	282	Jennifer CHRISTOPHER	W50		01:05:56
204	Ann DAVIES	W35		01:00:11	283	Rebecca HILLS			01:06:02
205	Deborah GLANVILLE	W40		01:00:14	284	Annmarie TAGUE			01:06:04
206	Elaine TIMMS	W50		01:00:19	285	Tracey WINSPEAR	W35	Glossop Judo Club	01:06:08
207	Kathryn HOLMES			01:00:20	286	Amy BARON-HALL			01:06:15
208	Tracy REDFORD	W35		01:00:20	287	Maggie GROARKE	W35		01:06:17
209	Andrea MCGUINNESS	W35		01:00:21	288	Bridget DRISCOLL	W35		01:06:18
210	Janet BOYD	W50	Fitness First - Gorton	01:00:24	289	Helen JOHN			01:06:22
211	Judith COHEN			01:00:26	290	Lisa TOBIN	W40		01:06:39
212	Leanne FRANCIS			01:00:36	291	Claire HOBBS			01:06:47
213	Karen JAMES	W40		01:00:37	292	Joanne LAFFERTY			01:06:48
214	Katie TRAVIS			01:00:47	293	Margaret CARLETON	W50	Winston Runners	01:06:53
215	Heidi COPLAND			01:00:53	294	Anna WICKHAM	W35	Glossop Judo Club	01:06:53
216	Catherine HARDMAN	W45		01:00:56	295	Jane WILSON	W40		01:06:53
217	Kerry KING	W35		01:00:57	296	Sarah MORTON			01:07:05
218	Katrina TURNER			01:01:07	297	Debbie OPOKU	W40	'Y' CLUB	01:07:07
219	Susan BEAN	W55		01:01:10	298	Christine SMITH	W50	Royton Road Runners	01:07:15
220	Amanda WRATTEN			01:01:23	299	Lynne K CHAPLIN	W45		01:07:16
221	Mags MEECHAM			01:01:24	300	Marie Yvonne ARMSTRONG	W55		01:07:16
222	Carol FELL	W55	Warrington Road Runners	01:01:28	301	Serena MAWSON			01:07:25
223	Suzanne RAYSON		Hill International Ladies - Team 1	01:01:30	302	Lindsay RICHARDS	W35		01:07:28
224	Katie PARLATT			01:01:35	303	Karen SCOTT	W40	Running 4 Women	01:07:28
225	Stephanie BRAZIER	W40		01:01:36	304	Janet HOWARTH	W60		01:07:39
226	Hayley GODDARD		Chorlton Runners	01:01:37	305	Jackie GOODEN	W40		01:07:49
227	Kath ROBERTS	W45		01:01:41	306	Louise SELL	W40		01:08:28
228	Melanie HERBERTSON			01:01:41	307	Rebecca TALLENTIRE	W40		01:08:53
229	Debbie WILSON	W45		01:01:44	308	Aisha ALI		Lorimer Group	01:09:20
230	Jaqueline DONEGAN	W45		01:01:44	309	Donna OILLER		Running 4 Women	01:09:21
231	Jane FISH	W35	Spectrum Striders	01:01:50	310	Kathryn PRICE	W45		01:09:24
232	Carol WINTER	W40	Saddleworth Harriers	01:01:50	311	Jane WALKER	W50		01:09:24
233	Lorraine PICKLES	W35		01:01:58	312	Julie WARDLE		Glossop Judo Club	01:09:44
234	Jolanta SOBOL			01:02:18	313	Christine MONK	W40		01:09:45
235	Laura BRAMALL			01:02:25	314	Katharine Mary SULLIVAN			01:10:25
236	Anita KING	W45		01:02:26	315	Rachel DAVIES			01:10:25
237	Francis PYATT			01:02:32	316	Julia ANDERSON	W40		01:10:41

Female

Pos.	Name	Cat.	Club	Time	Pos.	Name	Cat.	Club	Time
317	Carol Ann SIMCOX	W60		01:10:44					
318	Gillian ROBERTS	W45	Middleton Harriers	01:10:46					
319	Clare MAHONEY			01:10:47					
320	Sonia OAKES			01:11:03					
321	Lisa HUMPHREYS	W45		01:11:18					
322	Sarah WHITHAM	W40		01:11:18					
323	Kate MCCLEAN			01:11:37					
324	Emily MCNICHOLL	W35		01:11:56					
325	Louise BLACKLOCK		Winston Runners	01:12:00					
326	Marta WYPYCH			01:12:05					
327	Julie CONLEN	W35		01:12:17					
328	Olivia GRANT			01:12:23					
329	Susan HEGARTY			01:12:23					
330	Lesley BURKE			01:12:36					
331	Rachel Liane COOPER			01:12:57					
332	Kate TOWNER			01:13:11					
333	Sam AGA		L A Fitness	01:13:20					
334	Louise TROYANO	W35		01:13:22					
335	Emma RIMMER		European Metal Recycling	01:13:42					
336	Debbie HENDERSON	W35		01:13:42					
337	Charlie WALDUCK			01:13:55					
338	Janet SCHULLER	W45		01:14:08					
339	Emma COLE			01:14:15					
340	Maria DAVIDSON	W40		01:14:23					
341	Virginia SAWYER	W45		01:14:23					
342	Zoe KERMATH		Preston North End F C	01:14:39					
343	Vivienne ETTENFIELD	W35	Preston North End F C	01:14:39					
344	Helen WALKER	W45	Hill International Ladies - Team 1	01:14:52					
345	Tina CASSIDY			01:15:11					
346	Louise DEWS			01:15:16					
347	Helen CALDBECK	W35		01:15:29					
348	Elizabeth SWINDELLS	W50		01:15:46					
349	Vanessa HALL	W35		01:16:05					
350	Claire DOLBY			01:16:06					
351	Tina BARLOW	W35	Glossop Judo Club	01:16:12					
352	Jane DEANE	W40		01:16:37					
353	Victoria WILLIAMS			01:17:02					
354	Sonia HIGGINS	W45		01:17:30					
355	Marie FRAZER	W50		01:17:30					
356	Julie QUINN	W35		01:17:46					
357	ARRUTHERS Jacqueline CARRUT	W35		01:18:30					
358	Karen BROWNE	W35		01:18:43					
359	Angela BROWNE			01:18:44					
360	Gillian BURROW	W45		01:19:09					
361	Rebecca JOHNSON			01:19:09					
362	Lindsay JACKSON	W40		01:23:25					
363	Karen BUCKLEY	W35	Manchester Connexions	01:23:29					
364	Maggie FLINT	W50	Manchester Connexions	01:23:29					
365	Joan IJAZ	W45		01:23:58					
366	Helen SMITH	W35	European Metal Recycling	01:23:58					
367	SOUTHWARD Michelle SOUTHWA			01:24:04					
368	Sara TAYLOR			01:24:04					

City Of Manchester 10k

Category Results

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Peter RILEY	Leigh Harriers	29:24	86	Andy VAUGHAN		43:44
2	Jean NDAYASENGA		30:01	87	Lee SMITH		43:46
3	Nick GOODLIFFE	Holmfirth Harriers	30:08	88	Stephen WIGGINS		43:49
4	Simon TONU		30:37	89	Matthew DUNN		43:55
5	Tomas ABYU	Salford Harriers	30:56	90	Alan BURTON		44:02
6	Alan VAUGHAN	Etyfi	31:29	91	Patrick WALSH	Trafford A C	44:14
7	Matthew PIERSON	Holmfirth Harriers	31:34	93	Billy CRAIG		44:15
8	Tarus Ely		31:56	96	Darren DENTITH		44:22
10	Rasdislav NAJDEK		34:02	97	Ian CHILVERS		44:25
11	Peter SPEAKE	Bildeston Bounders	34:21	98	Stuart HUTCHISON		44:26
12	Banuelia KATESIGWA		35:20	99	Anthony HEATON		44:27
13	Jim C PENDRILL	Wilmslow R C	35:25	100	Stephen COLLEY		44:28
14	Paul FAULKNER	Hallamshire Harriers	35:38	101	Paul JOHNSON		44:32
15	Neil ALLEN		35:41	102	Karl BRYERS		44:34
16	Mark J SWANNELL	Bolton United Harriers	36:12	104	Adam HARLICK		44:37
17	Owen Roger FLAGE	Oldham & Royton Harriers	36:21	105	Joe HOWELL		44:40
18	Phil STANNARD	Manchester Tri Club	36:26	106	Phil HOWARTH		44:41
19	Darren MORAN		36:28	107	Alastair MCEWAN	Accrington Road Runners	44:45
20	Daniel MCGRATH		36:28	108	Lee MCCOURT	Manchester Harriers	44:47
22	Michal VINCENC		37:05	109	Jason BOWERS		44:56
23	Adam DREWERY	Scunthorpe A C	37:11	110	Poul Martin PEDERSEN		44:57
24	Lee WOODS	Sale Harriers	37:14	111	Frank DRISCOLL		44:59
25	James O'CONNOR	Middleton Harriers	37:15	112	Richard SUTCLIFFE	Barton A C	45:00
26	Tomasz SEKYRA		37:25	113	John FALENCKI		45:11
27	Jonathan TIMMS		37:36	114	Laurence JACKSON	Bolton Metro Tri Club	45:14
28	Paul HOWARTH		38:18	115	Ian DIGNAM		45:17
30	John QUIRK		38:29	117	Mark DAVIES		45:20
31	Ed FAZAKERLEY		38:30	118	Paul CARROLL		45:22
32	Rob SOUTH		38:46	119	Matt SLATER		45:23
33	Howard ISSATT		38:56	120	Matthew MALONE	Winston Runners	45:25
34	Craig HUNT		38:58	121	John PRITCHARD	Glossop Judo Club	45:27
35	Jamie MOYNIHAN		39:08	123	Dean ROBINSON		45:36
36	Jim GARSIDE		39:14	124	John Fenton		45:37
37	Alexander CHADWICK	Bolton United Harriers	39:15	125	Chris TALKS		45:37
38	Stuart CARROLL	Royton Road Runners	39:27	126	Dean HOWARD	Glossop Judo Club	45:40
39	Trevor EAST	Eton Manor A C	39:40	127	Ian ASHENDEN		45:44
40	Brad EHLEN	Spectrum Striders	39:41	128	Paul MCERLEAN		45:45
41	Simon KNIGHTON	Stockport Harriers	39:41	129	Ben JONES		45:47
42	Simon R PARKINSON		39:43	130	Jonathan Mark BALDING		45:49
43	Gordon MILLS	'Y' CLUB	39:43	131	Robert JOHNSON		45:49
44	Chris Veale		39:45	132	Simon TURPIN		45:55
45	Phil WARBURTON		39:45	133	Ian LOMAS		45:59
46	Kenneth MEANEY		39:56	134	Steve RAFFERTY		46:02
47	Bernard GOODWIN	Royton Road Runners	40:02	135	Gary WATTS	European Metal Recycling	46:08
48	Oscar NIETO-CEREZO		40:06	136	Peter SHIPSTON		46:10
49	Stuart STACKHOUSE		40:13	137	Steve GRANT		46:17
50	Stuart CARTER		40:21	138	Gavin BLACKBURN		46:19
51	Gareth SIMPSON		40:32	139	Gareth PASHLEY		46:19
52	Eric RIX		40:36	140	Paul WAINWRIGHT	'Y' CLUB	46:21
53	Matthew LEES		40:40	141	Greg COX		46:28
54	Andrew CAIN		40:43	142	Mark DEAN		46:32
55	Paul CARRIER		40:43	143	Jack HINDS		46:32
56	Matt HARGREAVES	Brabners Chaffe Street LLP	40:46	145	Benjamin SMITH		46:35
57	Paul NICHOLS	Wilmslow R C	40:50	146	Mat WADESON		46:36
58	Richard HOLLAND		41:00	147	Jonathan BLACKLEDGE	Glossop Judo Club	46:39
59	Lee GRAYSHON	Begbies Traynor	41:05	148	Dominic DONEGAN		46:40
60	Michael HILTON		41:10	149	Paul KENWORTHY		46:45
61	Dominic WALSH		41:20	151	Tom BROUGH		46:51
63	Stephen WHITE		41:27	152	Shane MAGUIRE		46:57
64	Ben NORMAN		41:38	153	Andrew OVENS		47:00
65	John HANLON	East Cheshire Harriers	41:45	155	Martin HOLOHAN		47:08
66	Matthew SAXTON		41:57	156	Paul WALSH		47:11
67	Richard GREEN		42:01	157	Anthony MCCORMACK		47:17
68	Christopher DOE		42:04	158	Ronan O'CUALAIN		47:20
70	Kevin BURROWS		42:20	159	Neil ATKINSON		47:22
71	Paul LEATHERBARROW		42:26	160	Chris SALTER - EVANS		47:32
72	Simon ROBERTS		42:34	162	James CORNER		47:43
73	Darryl BROCK		42:45	164	Daniel BUTCHER		47:47
74	Chris HARBRON	Macclesfield Harriers	42:56	165	Paul SEYMOUR		47:49
75	Mark ROBINSON		42:57	166	Adrian BOYD		47:50
76	Jamie DUFFY		42:59	167	Steve DEVONPORT		47:50
78	Rob ANKER		43:04	169	Alistair CRAIG		47:54
79	Simon PERRY	Action Heart	43:05	170	Ben GIBBINS		47:55
80	Mark CAMPION		43:06	171	Darren BUCYS		47:57
81	Joel LAWSON		43:27	172	Matt CLIFFORD		47:57
82	Carl BEBBINGTON		43:28	173	Chris SHORT		48:03
83	Brian MANCHESTER	Brabners Chaffe Street LLP	43:30	175	Neil HAMILTON		48:05
84	Trevor ADEY		43:42	176	Anthony MCGOWAN		48:09
85	Richard RANDS		43:42	177	Graeme SEMPLE	Manchester Front runners	48:10

City Of Manchester 10k

Category Results

Pos.	Name	Club	Time	Pos.	Name	Club	Time
178	Rob MCRAE		48:14	273	Mark LANCASTER		51:51
179	David COOPER		48:15	277	Anthony WEARDEN		52:02
180	Tom JOHNSTON		48:16	278	Adam POTTS		52:06
181	Mike GANDY	Breckenridge R C	48:19	279	Darryl MCLEAN		52:12
182	Timothy WILLIAMS		48:20	280	Kevan BRELSFORD	Glossop Judo Club	52:13
183	Gary MITCHELL		48:22	281	Dean HOWARTH		52:15
184	Stephen GAUNT	Belle Vue Racers	48:23	283	Adrian HANCOX		52:21
185	Sean MCGRATH		48:23	284	Michael SHAWCROSS		52:21
186	Graeme BRUCE	Manchester Tri Club	48:26	285	Rob CHADDock	European Metal Recycling	52:23
187	Gareth BOYD		48:28	286	Andrew BURKITT		52:23
189	James MALONE	Winston Runners	48:32	287	Peter MCNERNEY		52:25
190	Andrew MALONE	Winston Runners	48:32	289	John PHILLIPS		52:28
191	Iain STACKHOUSE		48:33	290	Christian GOEDE		52:28
192	Craig PICKFORD	European Metal Recycling	48:35	291	Ben FARROW	Glossop Judo Club	52:32
193	Sebastien MALLET		48:35	293	Richard AULT		52:41
194	Elliot SIMM		48:36	295	Sigal BARILAN		52:48
195	Jack JOYCE		48:37	296	Robin FEWSTER		52:48
196	Patrick MURDEN		48:37	298	James BALMFORTH		52:54
198	Nick CAVANAGH		48:45	299	Marloes MOLINGER		52:55
199	Shaun HINCHY		48:54	301	Seb Barre		53:09
200	Tom Harper		48:58	302	Stephen DEAN	Hyde Village Striders	53:10
201	David LEIGHTON		48:58	304	Mike BARRY		53:10
202	Paul JENNINGS		49:02	305	Stuart ALMOND		53:12
203	Steven D PHILLIPS	Glossop Judo Club	49:05	308	Stephen ROBERTS		53:27
204	Owen MURRAY		49:10	309	James FOSTER		53:28
205	Richard LEACH	Workshop College Athletics Club	49:15	310	Paul CROOK		53:29
206	Simon WEBB		49:16	311	Daniel VALENTINE		53:33
207	Sean PICKLES		49:16	312	Matthew LENNARD		53:40
208	Timothy BODDY		49:18	314	Paul O'BRIEN		53:44
209	Giles MORRIS	'Y' CLUB	49:20	317	Daniel KAVANAGH		53:49
210	Paul WALKER		49:22	319	Simon DEWS		53:53
211	Chris BURROWS		49:24	321	Hugo COLLINGRIDGE		53:58
212	Adrian MELBOURN		49:25	323	Ali MCGOWAN		53:59
214	Steve MACLURE	Wigan Phoenix	49:27	324	Callum Ives		54:00
216	Robert HAINES		49:29	326	- BURROWS Christopher POLKINGHORN		54:04
217	Walter SMITH		49:32	327	Nigel MILLIGAN		54:12
218	Stephen WEBB	Belle Vue Racers	49:33	328	Niall CREMIN		54:14
219	Martyn PRICE		49:33	332	Peter O'NEILL		54:27
220	John MOSS	Hill International	49:40	333	Paul RICHARDS		54:28
222	Kevin CARTER		49:48	334	David EAMES		54:33
223	Matt DYKINS		49:51	335	Danny CASSELL		54:38
224	Paul HEATHCOTE		49:54	336	Paul WARDLE		54:44
225	Paul ELLIS		49:55	338	Richard LOWTON		54:49
227	Simon HOWARTH		49:58	339	Mark KUHILLOW		54:52
228	Craig ELLIS		49:59	340	John O'MEARA		55:07
229	Owain SAUNDERS		50:03	342	Nick SUNDERLAND	Hill International	55:09
230	James BUCKLEY		50:05	343	Adam BAINES	European Metal Recycling	55:09
231	Andrew HOUGHTON		50:06	344	Philip RYDER		55:14
232	Paul JACKSON		50:07	345	Ian GERRARD		55:15
233	Tom SANFORD		50:13	348	Noel WILKES - WELLS		55:25
234	Jonathan KHAN	Lorimer Group	50:16	349	Neil ROBINSON		55:33
237	David FISHER	Manchester Front runners	50:24	351	Andy ROBERTS		55:43
238	Marc JACKSON		50:26	352	Paul SMITH		55:46
239	Peter WILLIAMSON		50:31	354	Ian HEWLETT		55:49
241	Paul KERRIGAN		50:40	356	James ABBOTT		55:52
244	David OTTIWELL	European Metal Recycling	50:42	357	Patrick J O'DONNELL		55:53
246	Paul WALSH		50:46	358	Robert HARROP		55:59
248	Lee LUDFORD		50:47	360	Iain MACINTOSH		56:09
249	Jamie BARRY		50:48	361	Russell BURNHAM	Penny Lane Striders	56:14
250	Ken Evans		50:48	365	Richard VENI		56:32
252	Matthew THOMAS		50:51	368	Liam BLUER		56:39
253	Curtis CHAPMAN		50:51	370	Daniel MURPHY	Manchester Connexions	56:42
254	David CLEMENTS		50:57	371	Stuart TUNNEY		56:49
255	Simon ROBINSON		50:58	374	Andy WALL	Sale Harriers	56:59
256	Peter BYRNE		51:04	375	James OGG	Carrington R U F C	57:04
257	John MCMULLEN		51:05	376	David CONNELL		57:05
258	Mark NOLAN		51:11	378	Stephen WEATHERHEAD		57:20
259	Gary MACPHERSON		51:12	379	Marrit MANDMETS-KANNA		57:28
260	Josef HEESOM		51:20	380	Jason UNSWORTH		57:33
262	Alun HOPKINS		51:30	381	John OTTIWELL	European Metal Recycling	57:37
263	Nick RAMSDEN		51:31	382	Timothy KEMP		57:37
265	Graham WILKINS		51:34	383	Alex HUNTER		57:44
266	Michael GIBSON		51:36	384	Badshah KHAN	Lorimer Group	57:47
267	Matt CRONSHAW		51:37	387	Roy LUNT		57:53
268	Shaun PETERS		51:37	389	Daniel LLOYD		57:54
269	Stephen MANNION		51:38	391	Simon HOWARTH		57:54
270	David ASPINALL	Styal Running Club	51:40	392	Michael HUGHES		57:57
271	Darren HONEYFORD		51:40	393	David PICKERING	Granada Television	58:12
272	Mark DURHAM		51:46	394	Craig SELWOOD		58:16

Pos.	Name	Club	Time	Pos.	Name	Club	Time
396	Matt ADDIE		58:21				
397	Andrew DENTON		58:28				
398	John AVERY - PEARSON		58:29				
403	Kevin FINNEGAN		58:42				
404	Adam FLEMING	Manchester Tri Club	58:44				
408	Keith JONES		58:55				
412	Matt PARSONS		59:07				
413	Rich GUNN		59:15				
415	Daniel BOWEN		59:18				
418	Anthony BERGIN		59:27				
419	Philip PARKER		59:30				
421	Joe WARD		59:33				
422	Jim FRODSHAM	European Metal Recycling	59:36				
423	Paul O'CONNOR		59:37				
425	Andrew WILLIAMS		59:42				
430	Gareth JOHN		59:57				
433	James STOCKTON	Delph Harriers	01:00:05				
434	Philip WESTWOOD	Bildeston Bounders	01:00:17				
436	Charlie REDFORD		01:00:20				
438	Matt THOMAS	Mansfield Harriers	01:00:31				
439	Miras ESKANDER		01:00:33				
441	Phil PENTLAND		01:00:40				
444	Tom GASKIN	Glossop Judo Club	01:01:07				
446	Barry BRADFORD		01:01:16				
447	Jonathan MORAN		01:01:20				
452	Lee JONES		01:01:35				
455	Neil O'DONNELL		01:02:16				
460	Andrew MISKELL		01:02:38				
463	Jonathan HUGHES		01:02:58				
464	Adam MCCUDDEN		01:03:00				
465	Clinton HASKEW-JONES		01:03:00				
467	Graham COLE		01:03:10				
468	Lewis BARRY		01:03:11				
469	Andrew COHEN		01:03:13				
470	Robbie MAGUIRE		01:03:13				
471	Gareth HEAP		01:03:15				
473	David COHEN		01:03:23				
474	Hiren PATEL		01:03:23				
477	James RICHARDSON		01:03:44				
480	Robert HADFIELD		01:03:53				
481	Neil STINSON	European Metal Recycling	01:03:53				
482	Sean CONNORS		01:04:02				
483	Jonathan LEBETER		01:04:22				
484	Roy TAYLOR		01:04:23				
486	Simon ELLIS		01:04:29				
487	Greg CARTER		01:04:36				
489	Neil BRIDSON		01:04:47				
493	Iain DAVIDSON		01:05:27				
495	Joel TAYLOR	Manchester Connexions	01:05:40				
496	Ako OJONG	Manchester Connexions	01:05:40				
500	Andrew GILLIGAN		01:05:54				
504	Steven BREWER		01:06:12				
507	Dale GRIFFITHS		01:06:32				
510	Michael JARVIS	Hyde Village Striders	01:06:55				
513	Shaun ROYLE		01:07:50				
519	Kevin HAYWOOD		01:10:29				
521	Pete WILCOCK		01:10:49				
522	Rick JOHNSON	Glossop Judo Club	01:10:52				
523	Bridie WATKIN		01:10:58				
524	Brodie WATKIN		01:10:58				
526	Barry DAVIS		01:11:04				
527	Barry LAWLOR		01:11:36				
536	Luqmania KHAN		01:13:17				
538	Thomas EDWARDS		01:13:28				
540	Chris CAFFREY	European Metal Recycling	01:13:42				
543	Matt KNOWLES		01:14:33				
546	Matt COOTE		01:15:11				
547	Daniel ETTFIELD	Preston North End F C	01:15:16				
550	John HOGG		01:17:01				
552	Josh BARRETT		01:18:30				
555	Jason DUXBURY		01:22:22				

City Of Manchester 10k

Category Results

M40

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Mark CROASDALE	Lancaster & Morecombe A C	32:16	80	Ian WHITHAM		53:03
2	Mike WHYATT	Garstang A C	33:43	81	Keith TOLLEY		53:14
3	David LOCKETT	Salford Harriers	34:04	82	Jeff CREWDSON		53:15
4	Mike SHAW	Stockport Harriers	35:10	83	Paul WILLIAMS		53:15
5	Gavin ASTIN	Stockport Harriers	36:32	84	John STANWAY		53:18
6	Christopher GIBBS	Wirral A C	37:19	85	Ian PARRY		53:33
7	Keith JONES	Ellesmere Port R C	37:27	86	Andrew GODDARD		53:38
8	Mark SALTER		38:02	87	John HETHERINGTON		53:41
9	Nigel SEDMAN	Belle Vue Racers	38:24	88	Ian STEWART		53:46
10	Peter ROGERS	Stockport Harriers	38:51	89	David GRUNDY		53:47
11	David J WILLIAMS	Salford Harriers	39:02	90	Steve WOOD		53:47
12	John K HALLIWELL	Manchester Harriers	39:06	91	John CERE		53:54
13	James HALLIGAN	Andems Runners	39:35	92	Nigel HARRISON		54:06
14	Jon SARGEANT	Belle Vue Racers	40:27	93	Philip HOYLAND		54:13
15	Graham SCREAMN		40:54	94	Mark BARRETT		54:30
16	Michael J JOHNSON		41:07	95	Zameer ABBAS		54:30
17	Steven R CARROLL		41:13	96	Michael LEDGERTON		54:31
18	David EMANUEL	Royton Road Runners	41:14	97	David HORNBY		54:31
19	John HATFIELD		41:56	98	Andrew LAW		54:38
20	Mike SINGLETON		42:03	99	Neil RILEY		54:38
21	Raj PATEL		42:30	100	Mike WILSON		55:00
22	Ian SPENDLOVE		42:46	101	Lee COOK		55:44
23	Robert ALLEN		42:49	102	Andy SHEARS		55:46
24	Peter DARLINGTON	'Y' CLUB	42:54	103	Andy BILLINGSLEY	Congleton Harriers	55:47
25	Robert KELLETT	Royton Road Runners	43:07	104	Kevin MCLOUGHLIN		55:50
26	Darren TYLDESLEY		43:17	105	Anthony DIXON		55:55
27	Paul STANLEY	Begbies Traynor	43:22	106	Ian BOSWELL		56:19
28	Paul WRIGHT	Manchester Tri Club	43:31	107	Neil WOODS		56:23
29	Kieron JAMES	Vegan Runners U K	43:32	108	Steven SPENCER	Glossop Judo Club	56:31
30	Kenneth DOBSON	East Manchester Harriers	43:35	109	Jon LOVATT	Hill International	56:57
31	Scott ROBINSON		43:47	110	Dave WILLIAMS		57:16
32	Richard DAVIES		44:04	111	Joe HOPKINS		57:25
33	Steve MANSFIELD		44:09	112	Geoff HAM	Glossop Judo Club	57:27
34	Simon STEAD		44:17	113	Jon BUMSTEAD		57:42
35	Brian James O'REILLY		44:18	114	Terry BUCKLEY		57:46
36	Chris JONES	Salford Metropolitan A C	44:37	115	Gary SALISBURY		57:47
37	John FEEGAN		44:41	116	David LEUNG		57:52
38	John COLLING		45:32	117	Anthony PENNINGTON		57:57
39	John PIETSCH		45:43	118	Dermot MONAGHAN		58:19
40	Stephen BEARDMORE		45:50	119	Glenn KELLY	Boalloy	58:20
41	Andrew CUTHBERT		45:51	120	Neil HENDERSON		58:50
42	Martin HOPE		45:52	121	Ian JOHNSTON		58:54
43	Paul J MATLEY		46:19	122	Pete EDWARDS		59:20
44	Phil ROE		46:20	123	Mike ENGLISH		59:34
45	Neil STOCKLEY		46:29	124	Julian HALL		59:49
46	Mark LINAKER		46:59	125	Andy HAMILTON		59:56
47	Colin TOOLE		47:02	126	Martin GILMORE		01:00:01
48	Stuart BARNES		47:19	127	Mickey THOMAS	Mysteruns	01:00:02
49	Mike HURST		47:20	128	Krzysztof DRUTEL		01:00:25
50	Enea DIMAURO		47:23	129	Mehmet HANCER	Glossop Judo Club	01:00:45
51	Tom KASPROWICZ	Road Runners Club	47:25	130	Luigi MANSI		01:01:24
52	Michael BUTLER	Glossop Judo Club	47:45	131	Peter O'KEEFE		01:02:37
53	Andrew JOHNSON		47:45	132	David JONES		01:02:47
54	Derek ANDERS		47:52	133	Nige JOHNSON		01:03:33
55	Christopher RAGGETT		47:56	134	Pete EYRE		01:05:22
56	Tony SMITH	Salford Harriers	47:58	135	Darren WALKER		01:05:44
57	Graham NORTON		48:19	136	David Allan EVANS		01:07:03
58	Terence H FINN	Greater Manchester Police	48:58	137	Stuart BRAME		01:07:08
59	Gary COOKSON		49:08	138	Richard PRICE		01:09:24
60	Neil CUTLER		49:15	139	Robert GREAVES		01:11:49
61	Peter HARROLD	Greater Manchester Police	49:24	140	Darren SPEED		01:13:03
62	David HALL	Middleton Harriers	49:26	141	Matt KELLY		01:13:25
63	Tony MILLWARD		49:34	142	Mark ROWANDS		01:13:55
64	Donald GIBBS		49:41	143	David LOWERY		01:16:40
65	Paul NUGENT		49:47	144	Ali DEMIRCI		01:22:22
66	Alan RICHARDSON		49:48				
67	Phil ALLEN		49:56				
68	Andrew STEIN		50:13				
69	Keith TIERNEY		50:18				
70	Anthony CREGG		50:36				
71	Paul S MCMANUS		51:07				
72	Philip OLDFIELD	Premier Textiles Ltd	51:19				
73	Peter WHITWORTH	Middleton Harriers	51:24				
74	Mathew KEOGH		51:29				
75	Craig WADESON	Basingstoke & Mid Hants	52:14				
76	Paul Richard TALBOT	Glossop Judo Club	52:20				
77	Neil JACKSON		52:32				
78	Neil HODGSON		52:46				
79	Perry HINTON		52:57				

City Of Manchester 10k

Category Results

M45

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Bernard CASSIDY	Royton Road Runners	38:13	80	Simon MCKENNY	Hill International	55:58
2	David CARTHY	Preston Harriers	38:20	81	Andrew WEBSTER		57:01
3	Graham CHESTERS	Middleton Harriers	38:43	82	Dave AULT		57:27
4	John A BATTERSBY	Sale Harriers	39:24	83	Tim JONES		57:51
5	Stewart ANDERSON		39:26	84	Niall ENRIGHT		58:36
6	Allisdhair MCNAULL	Cheshire Hash House Harriers	41:14	85	Peter MORITZ	Barton A C	58:56
7	Mick GAVIN		41:27	86	Mike CONWAY		59:25
8	Robert ASHTON		41:28	87	Ken HASTINGS		01:02:05
9	Derek MURPHY		41:35	88	Tony JONES		01:03:00
10	Gary OULDS		41:46	89	Craig GRINDROD		01:04:13
11	David J SHEPHERD	Holmfirth Harriers	42:03	90	Tim NORMAN	Cheshire Tally-Ho I	01:04:24
12	John MORLEY		43:04	91	Yuk Shing CHAN	'Y' CLUB	01:05:03
13	Anthony NAULTY	Northern Vets AC	43:37	92	Gordon BUSHELL		01:14:51
14	Mike HAYES		44:14	93	Alan LAST	Jim Beam Quartet	01:21:30
15	Orys Lino Michael SENIUK		44:41	94	Ian STEWART		01:23:25
16	Howard MCVAY		44:41				
17	David GIRT		44:44				
18	Les PILKINGTON		44:46				
19	Tony HOUGHTON	Belle Vue Racers	44:56				
20	Richard UPTON		44:57				
21	Chris REID	St Helens Sutton A C	45:00				
22	Tony GREEN		45:01				
23	Mark SAXTON		46:03				
24	Terry AXON		46:05				
25	Michael JOYCE	'Y' Club - Wrestlers Team	46:08				
26	Andy CLARK		46:15				
27	Anthony FLETCHER		46:27				
28	Roger RAWLINSON		46:45				
29	Pat O'HAGAN		46:48				
30	Steve JOHNSON		47:02				
31	Andrew DOOLEY		47:02				
32	David A WOOD	Manchester Harriers	47:19				
33	Mike ROBERTS	North West Hobblers	47:19				
34	Paul WHITWORTH		47:53				
35	John WALL		48:12				
36	Steve AMOS		48:22				
37	David SMITH		48:37				
38	Tony BUXTON		48:41				
39	David HOBBS		48:42				
40	Andrew BENTLEY		48:42				
41	Martin WOOD		49:15				
42	Philip KING		49:17				
43	Ian HORRIDGE		49:34				
44	David BARCLAY		49:53				
45	Joe LEE		50:00				
46	Neil SWAINSON		50:15				
47	Ray BURGE		50:20				
48	Trevor STRATFORD		50:22				
49	Michael SHELMDINE		50:37				
50	Robert ROBERTSON		50:45				
51	Brian ROSE		50:48				
52	Ashok KALLUMPRAM	Premier Textiles Ltd	51:02				
53	Stuart JONES		51:26				
54	Julian SAUNDERSON		51:30				
55	Chris KERFOOT		51:32				
56	Geoffrey KNOWLES	Bolton United Harriers	51:50				
57	Aidan BUCKNALL		51:56				
58	Peter KAY		52:16				
59	David LATHAM	Hill International	52:18				
60	Steven JOHNSON	Stockport Harriers	52:39				
61	Stephen BARROW		52:55				
62	Graham SMITH		52:57				
63	Andrew POTTS		53:07				
64	Mike GARNHAM		53:16				
65	David BERRY		53:33				
66	Andrew MACDONALD		53:39				
67	Jeff MILLS	Manchester Connexions	53:51				
68	Gordon SHAW		53:54				
69	Nick GRIMSHAW		53:57				
70	Michael HOLT		54:24				
71	Jim A RIGBY		54:25				
72	Paul DONEGAN	'Y' CLUB	54:28				
73	David NEWTON		54:42				
74	Shaun CLAFFEY		54:45				
75	Ian Stuart HOGG		54:49				
76	Paul BARROW		55:00				
77	Andrew KILMARTIN		55:15				
78	Tony HARROLD		55:25				
79	Morris FAIRWEATHER		55:32				

City Of Manchester 10k

Category Results

M50

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Dennis WHARTON	St Helens Sutton A C	39:28				
2	Ben GREGORY	Stockport Harriers	39:45				
3	Gary COXON	East Cheshire Harriers	41:17				
4	Aidan KAVANAGH		41:32				
5	Christopher EAVERS	Royton Road Runners	43:03				
6	Mark ARMSTRONG		43:04				
7	Dave ROBERTS	Glossop Judo Club	43:34				
8	Howard YAFFE		43:41				
9	Andy COPLAND		44:09				
10	David SMITH	Royton Road Runners	44:46				
11	Paul HERD		45:24				
12	Greg KEYNES	Manchester Front runners	45:31				
13	Alan CONNOR		46:00				
14	Robin LAWLER		46:42				
15	Bryan SAUNDERS		46:46				
16	Stephen BOYD	Fitness First - Gorton	46:58				
17	John Gerard MALONE	Winston Runners	47:01				
18	Michael THIRSK	Stockport Harriers	47:01				
19	Nigel J HANSON	Todmorden Harriers	47:42				
20	Keith TOLAN		48:05				
21	Michael LOGAN		48:17				
22	Mark MCLOUGHLIN		48:23				
23	Andy WHEELER	The Stragglers	48:43				
24	Mike LILLEY	Swinton Running Club	49:08				
25	Neil HORRIDGE		49:34				
26	Philip MCQUEEN	'Y' CLUB	49:37				
27	Martin NANCE		49:47				
28	Bryan HAY		50:03				
29	Michael FARRELLY	Winston Runners	50:04				
30	John HENEBERY		50:45				
31	Thomas CUMMINS		51:03				
32	Tim BOYLE	Fell Runners Association	51:12				
33	Jean - Pierre LAURENT		51:29				
34	Robert F PAGE	Chorlton Runners	52:00				
35	John GRIFFITHS		52:22				
36	Paul F BATTERSBY		52:24				
37	John George SMITH	Premier Textiles Ltd	52:27				
38	Tony TESCIUBA		52:35				
39	Colin COHEN	Stockport PCT Running Club	53:06				
40	Ian HAWKSWORTH		53:17				
41	Michael F SKINKIS		53:25				
42	Steve BASSAM		54:14				
43	Alan ECCLESTON	Granada Television	54:47				
44	Anthony SCHULLER		55:11				
45	Andy HOLMES		55:47				
46	Phil MELLOR		56:30				
47	Tony HUNKING	Royton Road Runners	56:54				
48	Jerry MACSWEENEY		57:16				
49	David COLTON		57:55				
50	Martin WALKER		59:16				
51	Derek EATON		01:00:00				
52	Stephen SOUTHWARD		01:00:02				
53	Geoffrey KAY	Granada Television	01:00:23				
54	Martin KAY		01:00:31				
55	Mike HARE		01:05:14				
56	Robert COLLIER		01:06:04				
57	Brian ASHLEY		01:06:56				
58	Christopher C CLODE	East Cheshire Harriers	01:07:15				
59	Peter SEATON	Jim Beam Quartet	01:21:31				

M55

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Alan POVER	Stockport Harriers	36:38				
2	John O'REILLY	'Y' CLUB	38:10				
3	Stan CURRAN	Salford Harriers	40:04				
4	Maurice SMITH		41:51				
5	Brendan MURDEN		42:57				
6	David P J SMYTH	Begbies Traynor	44:26				
7	Michael LONG	Bingley Harriers	45:04				
8	Ronald G GAYNER		45:48				
9	Ian SMITHAM		45:58				
10	Geoff HAYES	Barnsley Harriers	46:54				
11	Jeff CORDWELL	Royton Road Runners	48:06				
12	Graham HOWELL	Liverpool Harriers	48:23				
13	Ian TAYLOR		48:33				
14	Brian MASON	Winston Runners	48:42				
15	Mike CARR	Road Runners Club	50:04				
16	Mel SMITH		50:27				
17	Ken GRAYWAHL		50:34				
18	Donald BEAVER		51:36				
19	Peter MORRIS		52:44				
20	Chris HANSON		52:55				
21	Andy MCCLEAN		53:09				
22	Brent ARMISTEAD	Oldham & Royton Harriers	53:12				
23	Tony BRAY		53:20				
24	Graham MIDDLETON		53:51				
25	Philip LAWRENCE		54:05				
26	James P A LANHAM	Manchester Harriers	54:05				
27	Robert HARDING	Telford Harriers	54:06				
28	Tony HAYHURST		55:23				
29	Eric KINCEY		55:57				
30	Roy THOMPSON		56:31				
31	Henryk GETZ		56:33				
32	Alan BROWN		58:19				
33	Michael HUGHES	Sale Harriers	58:47				
34	Andrzej MALINOWSKI		59:24				
35	John HOWARD		59:39				
36	David DOUGLAS		01:02:36				
37	Terry MAGUIRE		01:03:13				
38	Alan HADFIELD		01:03:52				
39	Robert COMER	Rainbow Runners	01:05:05				
40	Barry LEBETER		01:05:24				
41	Jim BRENNAN		01:09:33				
42	Michael DARKIN	Jim Beam Quartet	01:21:33				

M60

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	David J PHILLIPS	Royton Road Runners	42:52				
2	Dennis MORAN	Salford Harriers	44:19				
3	George MEYNELL	Royton Road Runners	47:12				
4	Trevor William GRUNDY	Royton Road Runners	47:51				
5	Edward GEE		48:57				
6	Kevin O'BRIEN	Clayton - Le - Moors Harriers	48:57				
7	Edward GREAVES		51:52				
8	Malcolm TOWLER	Northern Vets AC	52:00				
9	Jock PLOMMER		52:01				
10	Chris FAIRFIELD	East Cheshire Harriers	53:53				
11	Bob THORN		53:57				
12	John CLEGG		54:55				
13	Barry TURNOCK		55:37				
14	Brian BEAL	Middleton Harriers	56:30				
15	Michael HANLON		56:33				
16	Laurence COPELAND	Kenilworth R R C	56:43				
17	Ron GRABNER		56:57				
18	Derek TATTERSALL	Greater Manchester Police	57:00				
19	Peter GALE		57:55				
20	Geoffrey SWINDELLS		01:00:35				
21	Anand S AHUJA	Lostock A C	01:01:30				
22	Harry ASHTON		01:04:52				
23	David HOBBS		01:06:47				

M70

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Andrew GREGORY	Macclesfield Harriers	49:56				
2	Colin PILKINGTON		52:09				
3	Ged BAMFORD	Glossop Judo Club	55:12				
4	Brian PLATT		01:05:03				
5	Stanley WILLCOX		01:07:33				
6	Jack KIRK	Middleton Harriers	01:12:41				

W35

Pos.	Name	Club	Time	Pos.	Name	Club	Time
5	Helen HOWARD	Glossop Judo Club	48:37				
13	Pushpa DEWAN		51:15				

Pos.	Name	Club	Time	Pos.	Name	Club	Time
9	Gwyn OWEN	ERYRI	32:00	399	Maeve O'CONNELL		58:33
21	Emma PHILLIPS	Birchfield Harriers	36:34	400	Emma LUKE		58:40
29	Toni MCINTOSH	Stockport Harriers	38:21	401	Amanda BRADBURY	Womens Running Network	58:40
62	Claire BERESFORD		41:24	402	Ann FITZPATRICK		58:41
69	Jo POLLOCK		42:09	405	Beth YATES		58:45
77	Laura WALLACE		43:00	406	Joanna BLAIN		58:52
92	Totch DULKU		44:15	407	Ciara O'MAHONY		58:54
94	Nicci CAWTHORNE	Swinton Running Club	44:17	409	Rachael BERESFORD		58:55
95	Joanne IBORRA		44:18	410	Marie LORD		59:01
103	Vicky WILLIAMS		44:36	411	Louise HADCROFT		59:05
116	Catherine RYAN		45:20	414	Elizabeth KERR		59:17
122	Dee MURRAY	East Cheshire Harriers	45:33	416	Claire ROBERTS		59:18
144	Helen MCGRATH		46:33	417	Rosemary JONES	Winston Runners	59:25
150	Sarah HEAVEY		46:47	420	Elizabeth PARTINGTON		59:31
154	Fiona BAIRD		47:02	424	Eve SALTER - EVANS		59:39
161	Georgia BEVAN		47:39	426	Charlotte NAYLOR		59:49
163	Kirsty READ	Fitness First - Gorton	47:47	427	Sharon LUCAS		59:51
168	Catherine BUTLER		47:52	428	Heather THOMAS		59:52
174	Victoria SUMMERFIELD	Winston Runners	48:04	429	Lindsey STOKOE		59:57
188	Rebecca JONES	Manchester Front runners	48:29	431	Zoe WAISTELL		59:59
197	Audel PANJALIZADEHSHIRIN		48:40	432	Rebecca SOUTHWARD		01:00:02
213	Liesel MCQUEEN	"Y" CLUB	49:26	435	Kathryn HOLMES		01:00:20
215	Helen CORBISHLEY		49:28	437	Judith COHEN		01:00:26
221	Helen WOODS		49:43	440	Leanne FRANCIS		01:00:36
226	Sarah TYRRELL	Sale Harriers	49:56	442	Katie TRAVIS		01:00:47
235	Aneta MENICH		50:16	443	Heidi COPLAND		01:00:53
236	Emma COOPER		50:19	445	Katrina TURNER		01:01:07
240	Mary - Eve MCNERNEY		50:36	448	Amanda WRATTEN		01:01:23
242	Julie GIBBS		50:42	449	Mags MEECHAM		01:01:24
243	Claire SWARBRICK	Brabners Chaffe Street LLP	50:42	450	Suzanne RAYSON	Hill International Ladies - Team 1	01:01:30
245	Naomi STONE		50:43	451	Katie PARLATT		01:01:35
247	Emily HUGHES		50:47	453	Hayley GODDARD	Chorlton Runners	01:01:37
251	Karen FLEMING		50:49	454	Melanie HERBERTSON		01:01:41
261	Kathryn MULLINS		51:30	456	Jolanta SOBOL		01:02:18
264	Elizabeth THOMPSON	O U P A A C	51:33	457	Laura BRAMALL		01:02:25
274	Louise SAUNDERS	Royton Road Runners	51:55	458	Francis PYATT		01:02:32
275	Iris FERBER		51:57	459	Nicola HARRISON		01:02:38
276	Edy AGER		52:00	461	Seren HATHWAY		01:02:41
282	Pamela GRIMSHAW		52:15	462	Sarah MANNING		01:02:47
288	Mariana PETROVA		52:26	466	Jenny RILEY		01:03:05
292	Justine GALLAGHER		52:39	472	Lindsay GLOVER		01:03:17
294	Leora KUHILLOW		52:47	475	Helen BECKETT		01:03:33
297	Emma HUME		52:54	476	Lisa CHAPPELHOW		01:03:36
300	Jannine MCRAE		53:05	478	Karen ADKIN		01:03:44
303	Karla HOLT	L A Fitness	53:10	479	Samantha SINGLETON		01:03:51
306	Michelle DAVIES		53:17	485	Rebecca NORMAN		01:04:24
307	Jemma SHORTT		53:24	488	Alison MITCHELMORE		01:04:44
313	Jennie GERRARD		53:43	490	Anne-Marie CARTER		01:04:51
315	Stephane LEFEBVRE		53:46	491	Zoe TAYLOR		01:05:05
316	Kathryn WOODWARD		53:46	492	Nicola GRUNDY		01:05:22
318	Charlotte DURAND		53:50	494	Clare PRESTON		01:05:33
320	Kelly THORN		53:56	497	Coleen LISETT		01:05:43
322	Ann LANHAM	Manchester Harriers	53:58	498	Nichola BLOW	Winston Runners	01:05:44
325	Joanne WHITWORTH	Middleton Harriers	54:01	499	Lucy ERRINGTON		01:05:51
329	Samantha BELL		54:14	501	Sally GOULD		01:05:54
330	Amy WARBURTON		54:16	502	Rebecca HILLS		01:06:02
331	Maz SALEEM		54:26	503	Anmarie TAGUE		01:06:04
337	Eloise WHITMORE		54:49	505	Amy BARON-HALL		01:06:15
341	Helen EVANS		55:07	506	Helen JOHN		01:06:22
346	Emily DAY	Manchester Connexions	55:20	508	Claire HOBBS		01:06:47
347	Charlotte PAWLEY		55:25	509	Joanne LAFFERTY		01:06:48
350	Helen GALLON		55:33	511	Sarah MORTON		01:07:05
353	Sarah HARPER		55:48	512	Serena MAWSON		01:07:25
355	Lisa KNIGHT		55:50	514	Aisha ALI	Lorimer Group	01:09:20
359	Jane STIRRUP		56:07	515	Donna OILLER	Running 4 Women	01:09:21
362	Aileen DAVIDSON		56:18	516	Julie WARDLE	Glossop Judo Club	01:09:44
363	Kate HIBBERT		56:23	517	Katharine Mary SULLIVAN		01:10:25
364	Alyson ADAMS		56:24	518	Rachel DAVIES		01:10:25
366	Alison RAMSAY	Manchester Connexions	56:34	520	Clare MAHONEY		01:10:47
367	Laura BRYANT		56:36	525	Sonia OAKES		01:11:03
369	Lesley GEORGE		56:42	528	Kate MCCLEAN		01:11:37
372	Roisin HARKIN		56:52	529	Louise BLACKLOCK	Winston Runners	01:12:00
373	Suze MCQUIE		56:57	530	Marta WYPYCH		01:12:05
377	Susanna Griffin		57:05	531	Olivia GRANT		01:12:23
385	Sarah RAINEY		57:49	532	Susan HEGARTY		01:12:23
386	Laura HOWARTH		57:51	533	Lesley BURKE		01:12:36
388	Alex KAYE		57:53	534	Rachel Liane COOPER		01:12:57
390	Emma WILSON		57:54	535	Kate TOWNER		01:13:11
395	Laura MADDEN		58:21	537	Sam AGA	L A Fitness	01:13:20

Pos.	Name	Club	Time	Pos.	Name	Club	Time
539	Emma RIMMER	European Metal Recycling	01:13:42				
541	Charlie WALDUCK		01:13:55				
542	Emma COLE		01:14:15				
544	Zoe KERMATH	Preston North End F C	01:14:39				
545	Tina CASSIDY		01:15:11				
548	Louise DEWS		01:15:16				
549	Claire DOLBY		01:16:06				
551	Victoria WILLIAMS		01:17:02				
553	Angela BROWNE		01:18:44				
554	Rebecca JOHNSON		01:19:09				
556	SOUTHWARD Michelle SOUTHWARD		01:24:04				
557	Sara TAYLOR		01:24:04				

City Of Manchester 10k

Category Results

W35

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Janine ELLIS	Running 4 Women	45:23				
2	Jenny GARSIDE		47:43				
3	Jill COLBERT	St Helens Sutton A C	47:50				
4	Joanne HULME		48:07				
6	Siobhan M HALLIGAN	Andems Runners	48:40				
7	Karen NEWBY		48:43				
8	Jayne LAWTON	Stockport Harriers	48:44				
9	Jane COLE		49:41				
10	Amanda BAXENDALE	Astley & Tyldesley Road Runners	49:49				
11	Nicola ENTWISTLE		49:55				
12	Susan MONCASTER		50:50				
14	Helen KNIGHT	Royton Road Runners	51:19				
15	Joanne DANAHHER		52:04				
16	Carol WADESON	Basingstoke & Mid Hants	52:41				
17	Wendy REDDINGTON		53:14				
18	Michelle ROE		53:30				
19	Jackie BRADLEY		54:17				
20	Louise HARRISON		54:30				
21	Martina M MAGILL		54:41				
22	Ailsa CHARLTON	Manchester Connexions	55:22				
23	Claire HOLBROOK		55:24				
24	Claire STOCKWELL		55:39				
25	Kate FOWLES		55:41				
26	Dawn MORRIS	GMC Fire Service	55:59				
27	Catherine FARRAR		56:27				
28	Tara COOK		56:30				
29	Jennifer BENNETT		56:40				
30	Julie CASSIE		56:55				
31	Wendy RICKARDS		57:05				
32	Alison CRABTREE		57:05				
33	Barbara HALL		57:14				
34	Cheryl BLAKE	Hyde Village Striders	57:17				
35	Catherine DALEY		57:31				
36	Sarah WILDMAN		57:44				
37	Sue COOK		57:54				
38	Liz MORTON		58:39				
39	Karen WILLIAMS		58:47				
40	Kirsty WHALEY		01:00:08				
41	Ann DAVIES		01:00:11				
42	Tracy REDFORD		01:00:20				
43	Andrea MCGUINNESS		01:00:21				
44	Kerry KING		01:00:57				
45	Jane FISH	Spectrum Striders	01:01:50				
46	Lorraine PICKLES		01:01:58				
47	Margaret DEACON		01:03:25				
48	Helen KEELEY		01:03:27				
49	Kim OSCROFT		01:04:01				
50	Michelle GLASS		01:04:10				
51	Judith POLKINGHORNE		01:04:31				
52	Sarah JACKSON	Hill International Ladies - Team 2	01:05:02				
53	Tracey WINSPEAR	Glossop Judo Club	01:06:08				
54	Maggie GROARKE		01:06:17				
55	Bridget DRISCOLL		01:06:18				
56	Anna WICKHAM	Glossop Judo Club	01:06:53				
57	Lindsay RICHARDS		01:07:28				
58	Emily MCNICHOLL		01:11:56				
59	Julie CONLEN		01:12:17				
60	Louise TROYANO		01:13:22				
61	Debbie HENDERSON		01:13:42				
62	Vivienne ETTENFIELD	Preston North End F C	01:14:39				
63	Helen CALDBECK		01:15:29				
64	Vanessa HALL		01:16:05				
65	Tina BARLOW	Glossop Judo Club	01:16:12				
66	Julie QUINN		01:17:46				
67	ARRUTHERS Jacqueline CARRUTHERS		01:18:30				
68	Karen BROWNE		01:18:43				
69	Karen BUCKLEY	Manchester Connexions	01:23:29				
70	Helen SMITH	European Metal Recycling	01:23:58				

W40

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Julia MYATT	Newcastle / Staffs A C	39:36				
2	Alison SEDMAN	Belle Vue Racers	39:41				
3	Andrea FROST	Macclesfield Harriers	41:49				
4	Nicola LOGUE	Stockport Harriers	42:44				
5	Kathleen NOLAN		43:38				
6	Jacqueline BUTLER		44:30				
7	Lorraine REGAN		44:55				
8	Melissa DRATH		45:38				
9	Deborah SHAW	Royton Road Runners	45:47				
10	Avril CORBETT		47:38				
11	Joanne HUNT		48:02				
12	Rebecca HEALEY	Belle Vue Racers	48:38				
13	Sally JOHNSTON		49:16				
14	Laura HOPE		50:32				
15	Sarah AARONSON	Greater Manchester Police	50:41				
16	Amanda DAVIES		51:14				
17	Christine HOLT		52:46				
18	Margaret BULLOCK	Altrincham & District	52:58				
19	Jackie CUNLIFFE		53:43				
20	Fiona LAW	Altrincham & District	55:00				
21	Gillian THOMAS	Middleton Harriers	55:05				
22	Helen SIMMS		55:06				
23	Denise KAY		55:18				
24	Margaret HAMMERSLEY		55:23				
25	Ingrid DEWHURST	East Cheshire Harriers	55:51				
26	Lyn PHILLIPS	Glossop Judo Club	56:48				
27	Marie JONES		56:59				
28	Gina HARLIN		57:52				
29	Fiona THORNTON		58:43				
30	Marade BAKER		58:49				
31	Debra LEDGERTON		59:34				
32	Carol A ALMANSOOR		59:39				
33	Deborah GLANVILLE		01:00:14				
34	Karen JAMES		01:00:37				
35	Stephanie BRAZIER		01:01:36				
36	Carol WINTER	Saddleworth Harriers	01:01:50				
37	Susan MANUEL	Warrington Road Runners	01:02:35				
38	Barbara FLETCHER	Glossop Judo Club	01:03:53				
39	Carol CAMPBELL		01:03:58				
40	Yvonne MCLAREN		01:04:00				
41	Yvonne WALKER		01:04:13				
42	Andrea GROGAN		01:04:22				
43	Karen LYNCH		01:04:29				
44	Michele BURGESS	Hill International Ladies - Team 2	01:05:02				
45	Clare CONVERY		01:05:40				
46	Lisa TOBIN		01:06:39				
47	Jane WILSON		01:06:53				
48	Debbie OPOKU	'Y' CLUB	01:07:07				
49	Karen SCOTT	Running 4 Women	01:07:28				
50	Jackie GOODEN		01:07:49				
51	Louise SELL		01:08:28				
52	Rebecca TALLENTIRE		01:08:53				
53	Christine MONK		01:09:45				
54	Julia ANDERSON		01:10:41				
55	Sarah WHITHAM		01:11:18				
56	Maria DAVIDSON		01:14:23				
57	Jane DEANE		01:16:37				
58	Lindsay JACKSON		01:23:25				

City Of Manchester 10k

Category Results

W45

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Sheila NOLAN		43:08				
2	Kerry BLAND	Jack Russell	49:26				
3	Victoria SERRAILLIER		50:14				
4	Maggie T HOLT	East Cheshire Harriers	50:28				
5	Shelagh MCNERNEY		52:18				
6	Kathryn MCKENZIE	Greater Manchester Police	52:27				
7	Joan OAKLEY		52:39				
8	Yvonne MCGLINCHEY		53:11				
9	Anne ROBERTSON		53:19				
10	Tina FLETCHER		53:21				
11	Anne GUY		54:32				
12	Julie CUMMINS		55:51				
13	Jane BARCLAY		56:05				
14	Dawn GREEN		57:03				
15	Julia STRATFORD		57:30				
16	Sue GODDARD	Chorlton Runners	57:55				
17	Linda DRAYTON		58:11				
18	Sonia FAIRWEATHER	Hyde Village Striders	58:54				
19	Angela NERI		59:46				
20	Catherine HARDMAN		01:00:56				
21	Kath ROBERTS		01:01:41				
22	Debbie WILSON		01:01:44				
23	Jaqueline DONEGAN		01:01:44				
24	Anita KING		01:02:26				
25	Julie HOCKENHULL		01:04:17				
26	Patricia BYRNE		01:04:32				
27	Margaret MCNAULL		01:05:10				
28	Lynne K CHAPLIN		01:07:16				
29	Kathryn PRICE		01:09:24				
30	Gillian ROBERTS	Middleton Harriers	01:10:46				
31	Lisa HUMPHREYS		01:11:18				
32	Janet SCHULLER		01:14:08				
33	Virginia SAWYER		01:14:23				
34	Helen WALKER	Hill International Ladies - Team 1	01:14:52				
35	Sonia HIGGINS		01:17:30				
36	Gillian BURROW		01:19:09				
37	Joan IJAZ		01:23:58				

City Of Manchester 10k

Category Results

W50

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Joan JACKSON	Northern Vets AC	41:58				
2	Catherine NEVIN	Penny Lane Striders	47:41				
3	Teresa HOLLINS	Middleton Harriers	48:12				
4	Heather MITCHELL	Dewsbury Road Runners	49:02				
5	Alison HOLMES	Middleton Harriers	49:24				
6	Ann C SILCOCK		52:55				
7	Alison WEARDEN		54:33				
8	Christine CROWTHER	Salford Harriers	57:21				
9	Sue ACKROYD	Isle Of Man - Veterans Club	59:19				
10	Elaine TIMMS		01:00:19				
11	Janet BOYD	Fitness First - Gorton	01:00:24				
12	Heather COPLAND		01:03:25				
13	Marjorie GOLDUP		01:04:42				
14	Jennifer CHRISTOPHER		01:05:56				
15	Margaret CARLETON	Winston Runners	01:06:53				
16	Christine SMITH	Royton Road Runners	01:07:15				
17	Jane WALKER		01:09:24				
18	Elizabeth SWINDELLS		01:15:46				
19	Marie FRAZER		01:17:30				
20	Maggie FLINT	Manchester Connexions	01:23:29				

W55

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Jill MCGRORY		57:12				
2	Monica COLLANTINE	Fitness First - Gorton	57:14				
3	Jeanne JONES		57:28				
4	Susan BEAN		01:01:10				
5	Carol FELL	Warrington Road Runners	01:01:28				
6	Wilma MANFREDI		01:04:17				
7	Fran COX		01:05:12				
8	Jenny TAYLOR		01:05:38				
9	Marie Yvonne ARMSTRONG		01:07:16				

W60

Pos.	Name	Club	Time	Pos.	Name	Club	Time
1	Barbara PENDLEBURY	Salford Harriers	47:04				
2	Louise GILCHRIST	Valley Striders A C	49:37				
3	Sandra HARRIS	Northern Vets AC	01:03:42				
4	June ALLINGAN	Royton Road Runners	01:04:39				
5	Janet HOWARTH		01:07:39				
6	Carol Ann SIMCOX		01:10:44				